



Lucile Packard
Children's Hospital
Stanford

Community Benefit Report

for Fiscal Year 2017
and 2018 Implementation Strategy



Welcome: A letter from our president and CEO



We began our mission of delivering the very best care nearly 100 years ago as the Stanford Home for Convalescent Children. In 2017, we increased our capacity to care by opening our campus expansion and new hospital building. Our new building will allow us to welcome even more patients and community members to one of the nation's most technologically advanced, family-friendly and sustainable children's hospitals.

While we pride ourselves on providing extraordinary care to our patients and their families, our commitment to ensuring healthier communities goes far beyond our hospital walls. From training the next generation of health care professionals to funding the critical work of local nonprofits, we are committed to responding to the needs of our community. In order to ensure we understand the factors affecting the health of our community, we embark on a community-wide health assessment every three years to set our community health initiatives and priorities. This report shares our work in these priority areas over the past year as well as our strategies to continue to improve these health priorities for the coming year.

- We have prioritized working closely with our area's outstanding community health centers in order to **expand access to primary health care services for children, teens and pregnant women.**
- We are committed to helping **prevent and treat pediatric obesity** in our community through our Pediatric Weight Control Program and our health education partnerships working to educate children and their families about healthy lifestyles.
- And the critical work of **improving the social, emotional and mental health of children and youth** continues both through our investment in research and through our partnerships with community service providers.

In 2017, we invested \$246,053,376 in Community Benefit services and activities which includes our Medi-Cal shortfall of over \$218,499,184. As we grow as an organization and a community, we are committed to deepening our impact. As the president and CEO of Lucile Packard Children's Hospital Stanford it is my privilege to share with you our Community Benefit Report for fiscal year 2017.

Thank you.

A handwritten signature in black ink, appearing to read 'Ch Dawes', written over a horizontal line.

Christopher G. Dawes
President and CEO

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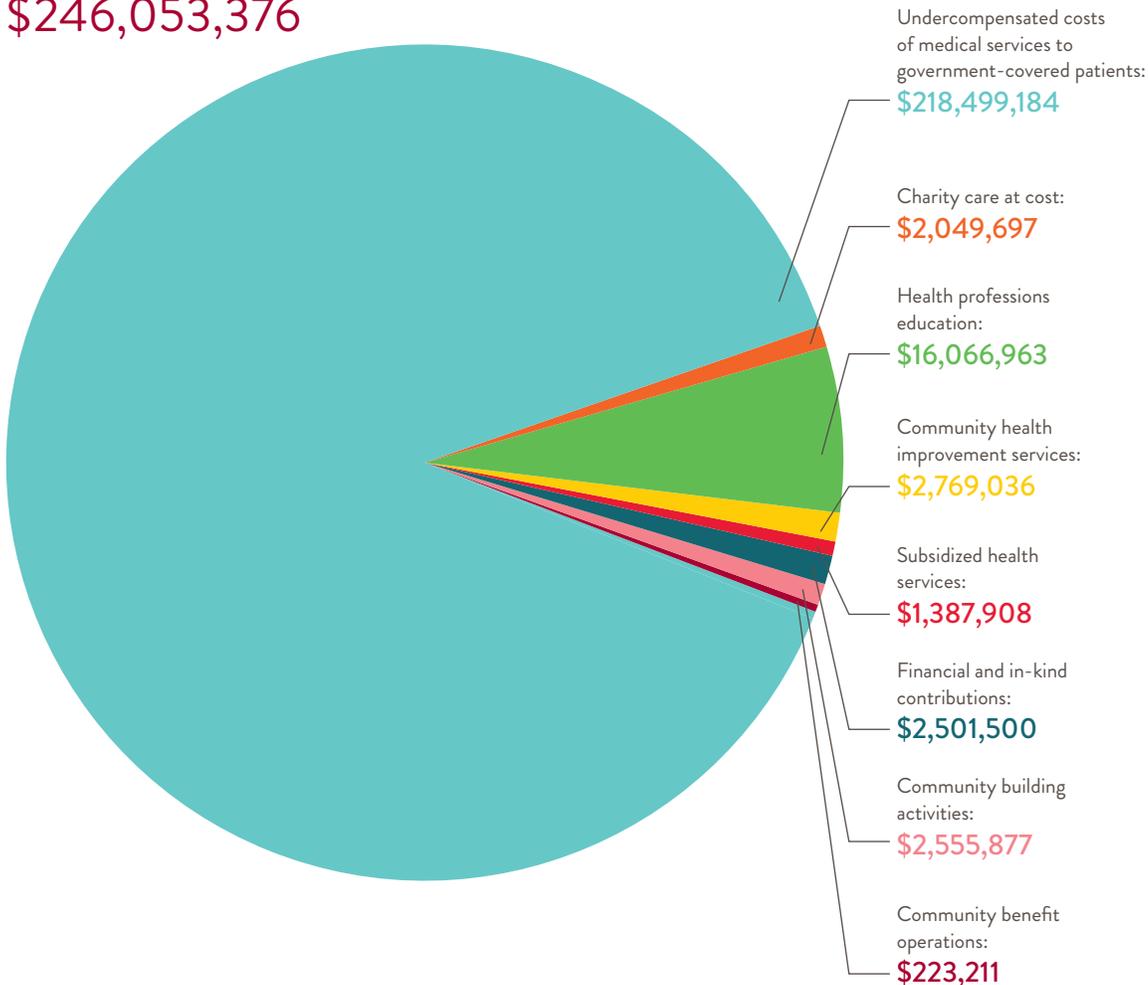
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In 2017, Lucile Packard Children's Hospital Stanford invested

\$246,053,376

in Community Benefit services and activities to improve the health status of infants, children, adolescents and pregnant women.

Total net value of quantifiable benefits provided to the community:
\$246,053,376



Here is the breakdown of our \$246,053,376 investment:

Financial assistance and charity care: \$220,548,881

- Includes undercompensated costs of medical services for patients enrolled in Medi-Cal, out-of-state Medicaid and other means-tested government programs (Healthy Kids, CCS, CHDP, etc.): \$218,499,184
- Charity care: \$2,049,697

Health professions education: \$16,066,963

- Resident physicians, fellows, medical student education costs (excludes federal CHGME reimbursement)
- Nurse and allied health professions training
- Pediatric Advocacy Program
- Perinatal outreach and consultation services

Community health improvement: \$2,769,036

- Center for Youth Mental Wellness
- Child safety programs
- Community health education programs
- HEAL program
- Mental Health Dissemination and Innovation Initiative
- Mobile adolescent health services – Teen Van
- Pediatric Weight Control program
- Care-a-Van for Kids
- Child & Family Life
- Hospital School
- Housing Support
- Peninsula Family Advocacy Program
- Practical Assistance for Families
- Project Safety Net and HEARD Alliance

Subsidized health services: \$1,387,908

- Care Coordination Liaisons
- Charity dental support
- Suspected Child Abuse and Neglect Team

Financial and in-kind contributions: \$2,501,500

- Community clinic capacity building and support
- Community Health Improvement grants
- Nonprofit sponsorship support

Community building activities: \$2,555,877

- Advocacy for children's health issues
- Marguerite Shuttle
- Economic development association memberships and activities
- Service club activities
- Support for community emergency management
- Workforce development efforts

Community Benefit operations: \$223,211

- Dedicated Community Benefit staff
- Reporting and compliance costs
- Training and staff development

About Us

What started as a free-standing children's hospital has grown to include our network of primary and specialty care locations enhanced by our relationship with Stanford Medicine and made possible through the support of the Lucile Packard Foundation for Children's Health.



**Lucile Packard
Children's Hospital
Stanford**

Opened in 1991, Lucile Packard Children's Hospital Stanford is the heart and soul of Stanford Children's Health. Nationally ranked and internationally recognized, our 302-bed hospital is devoted entirely to pediatrics and obstetrics. Our seven centers of excellence provide comprehensive services and extensive expertise in key obstetric and pediatric areas: brain and behavior, cancer, heart, pregnancy and newborn, pulmonary, orthopedics and sports medicine, and transplant. We also provide a wide range of multidisciplinary services for babies, kids and pregnant women. In 2017, we increased our capacity to care when our campus expansion project culminated with the opening of our new state-of-the-art hospital building.



**Stanford
Children's Health**

Stanford Children's Health is the only health care system in the San Francisco Bay Area — and one of the few in the country — exclusively dedicated to pediatric and obstetric care. Our physicians and health care teams offer comprehensive clinical services, from treatments for rare and complex conditions to well-child care at more than 60 locations across the entire San Francisco Bay Area.



Stanford | MEDICINE

Stanford School of Medicine, one-third of the triad that comprises Stanford Medicine, is the West Coast's oldest medical school and a worldwide leader in patient care, education, research and innovation. Lucile Packard Children's Hospital Stanford is proud to be the primary pediatric and obstetric teaching hospital of the Stanford School of Medicine — one of the top-ranked academic medical institutions in the country.



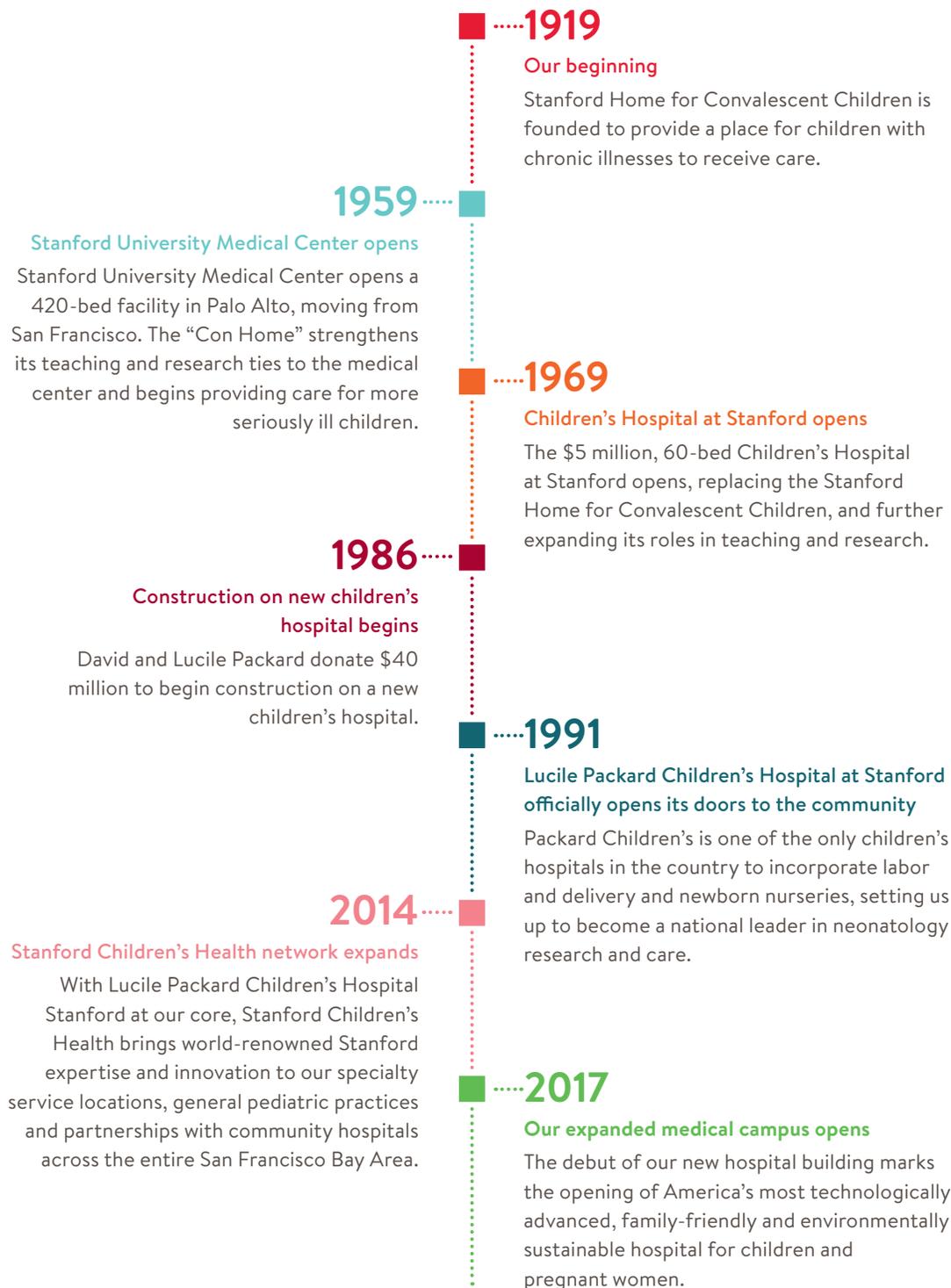
**Lucile Packard Foundation
for Children's Health**

The Lucile Packard Foundation for Children's Health works in alignment with Lucile Packard Children's Hospital Stanford and the child health programs of Stanford University. The foundation's mission is to elevate the priority of children's health and to increase the quality and accessibility of children's health care through leadership and direct investment. The Lucile Packard Foundation for Children's Health works to improve the health and well-being of children and expectant mothers by fundraising on behalf of Lucile Packard Children's Hospital Stanford and child health programs at Stanford School of Medicine.

**Across our entire organization, we are committed to
improving the health and well-being of our community.**

Our History: Celebrating a history of excellence beginning with one mom's vision

In 1986, David and Lucile Packard generously donated \$40 million to construct a new children's hospital devoted entirely to the care of children and expectant mothers. The hospital opened in 1991 and was named in memory of our visionary, Lucile Salter Packard. Today, we honor her vision through our dedication to delivering innovative services and unparalleled family-centered care.



Patient Care Highlights 2017

At Lucile Packard Children's Hospital Stanford we strive to provide the best, most nurturing care possible for every patient. We emphasize compassionate care and the importance of involving the family in all aspects of a patient's care. This requires both top-ranked clinical care and a stellar hospital experience. Providing extraordinary family-centered care is the ultimate goal of everything our doctors, nurses and specialized support do every day.



529,415
clinic visits

8,220
pediatric inpatients

patients from
49 & 34
states countries



more than
1,058
medical staff
3,761
employees



4,329
births

302
licensed beds
(397 after our December 2017 expansion)

Centers of Excellence

We provide care in more than 150 medical specialties, many of which are part of our seven centers of excellence. We also care for patients and the community at multiple medical and surgery subspecialty centers throughout the Bay Area.



Bass Center for Childhood Cancer and Blood Diseases

Our Stanford Medicine physicians and researchers make discoveries that influence and inspire treatments, at home and around the world.



Brain and Behavior Center

We are one of the fastest growing neurology centers in the United States. Our researchers are known for investigating the rarest of childhood neurological cancers.



Pulmonary and Cystic Fibrosis Center

#1 in California, the best on the West Coast and the only Northern California children's hospital that performs lung transplants.



Betty Irene Moore Children's Heart Center

Home to the only pediatric heart transplant program and the #1 children's heart center in Northern California.



Johnson Center for Pregnancy and Newborn Services

Our physicians provide innovative, extraordinary care for expectant mothers and newborns, and conduct world-leading research.



Transplant Center

We lead the nation in volume of pediatric transplants performed with exceptional outcomes. Over the last 25 years, we have performed more than 1,600 transplants.



Children's Orthopedic and Sports Medicine Center

Our pediatric orthopedic surgeons, physical therapists and athletic trainers form a comprehensive team to give kids the foundation for healthy, active lives.



Medical and Surgery Subspecialty Centers

Our subspecialty centers include allergy, dermatology, fertility and reproductive health, orthopedics, and 150+ other programs and services.

We'd like to sincerely thank the members of our Community Benefit Advisory Council:

Janine Bruce	Stanford Pediatric Advocacy Program
Laura Brunetto	Santa Clara County Public Health
Leslie Bulbuk	Office of Assemblyman Marc Berman
Dana Bunnett	Kids in Common, Planned Parenthood MarMonte
Anand Chabra, MD	San Mateo County Health System
Jessica Chiu	Ravenswood Family Health Center
Anne Ehresman	Project Cornerstone
Alexandria Felton	Silicon Valley Leadership Group
Patricia Gardner	Silicon Valley Council of Nonprofits
Tyler Haskell	Office of Supervisor Joe Simitian
Brooke Heymach	Legal Aid Society of San Mateo County
Cristina Jimenez	Lucile Packard Foundation for Children's Health
Carol Marks	Office of Supervisor Warren Slocum
Lee Pfab	Palo Alto Family YMCA
Anne Ream	Office of Congresswoman Anna G. Eshoo

Improving the Health of Our Community

Community Benefit

For more than 25 years, Lucile Packard Children's Hospital Stanford has been committed to improving the health of our community. Providing exceptional community services, programs and funding beyond our hospital walls has been part of the vision and mission of Lucile Packard Children's Hospital Stanford since day one and we are proud to continue, expand and deepen that tradition as we grow.

As part of that commitment, we provide direct Community Benefit services to some of our communities' most vulnerable members, and we partner with government and local community-based organizations on programs and funding that seek to positively impact the health of our community.

Our Community Benefit work seeks to achieve one or more of the following:

- Improve access to health services
- Enhance population health
- Advance general health knowledge
- Relieve or reduce the burden of government to improve health

Financial Assistance

At Lucile Packard Children's Hospital Stanford we believe that every family is deserving of quality, nurturing care and we are proud to be part of the safety net that provides care to our community's most vulnerable. As part of our efforts to ensure access to quality health care we provide financial assistance to families who qualify and include those efforts in our Community Benefit valuation under the categories of undercompensated costs of medical care and charity care costs.

To read more about our financial assistance programs please visit financialassistance.stanfordchildrens.org.

Community Health Needs Assessment

From pioneering treatments to innovative care, Lucile Packard Children's Hospital Stanford takes pride in providing excellence in all we do – both at our hospital and in the community. Meaningful community investment requires participation and strategic partnership from all aspects of our community. In order to ensure our community's voice is heard, we embark on an exhaustive Community Health Needs Assessment (CHNA) every three years. We collaborate with local public health departments, hospital partners, community-based organizations and community leaders to conduct our CHNA. The CHNA combines both primary and secondary data along with feedback from community members to inform our Community Health Initiatives and ultimately leads to decisions on how to best use our human and financial resources to improve the health of our community.

Implementation Strategy Report

Understanding the most pressing health needs of our community is a critical component of our community health improvement efforts. However, the CHNA is just the first step in a multiyear strategic investment plan. This report, and our existing Implementation Strategy Report, provides an opportunity for Lucile Packard Children's Hospital Stanford to outline our CHNA-directed strategies for our community health improvement efforts.

Community Benefit Oversight

The Lucile Packard Children's Hospital Stanford Board of Directors reviews and approves Community Benefit programs, activities and funding. Our Community Benefit Advisory Council, comprising local community leaders, advises Community Benefit staff throughout the year.

This report was approved by the full board of directors on February 6, 2018.

Investing In Our Community

Our Community

Lucile Packard Children's Hospital Stanford is located on the Stanford University campus in the heart of Silicon Valley. Our growing Stanford Children's Health network reaches far beyond the hospital walls throughout the San Francisco Bay Area and the greater Pacific Northwest. As our organization grows we are committed to expanding and deepening our Community Benefit programs and services. Our focus is on providing exceptional Community Benefit to all the communities we touch, be that in our primary hospital service area or in our growing network service area. Maintaining and improving community health in every community we touch is paramount to our organization's vision and mission.

Meeting the Needs of Vulnerable Populations

Our Community Health Improvement efforts are focused on reaching one of the most vulnerable populations in our service area – underserved children and pregnant women. Despite being one of the wealthiest regions in the country, 10 percent of children in San Mateo County and 9 percent of children in Santa Clara County are living in poverty. In San Mateo County, 34 percent of children are eligible for free or reduced priced lunch. In Santa Clara County, that number is even higher at 38 percent.

We also know that there are structural factors and conditions that impact health status for members of our community – factors like socioeconomic status, education, employment and social support networks. That's why in FY17 we sought to deepen our community investment efforts in these areas through our Community Health Improvement Grants program.

Community Health Initiatives

Our three CHNA-derived Community Health Initiatives for 2017 – 2019 are:

1. Improve access to primary health care services for children, teens and pregnant women
2. Prevent and treat pediatric obesity
3. Improve the social, emotional and mental health of children and youth

Our most recent CHNA can be viewed at communitybenefit.stanfordchildrens.org.

Community Health Improvement Grants

While we are proud to provide exceptional Community Benefit services as a hospital organization, we believe that we can impact the health of our community on a deeper level when we partner with existing nonprofit organizations. Lucile Packard Children's Hospital Stanford is dedicated to investing in local nonprofits through our Community Health Improvement Grants program. Annually, we fund a wide array of worthy programs and projects seeking to improve the health of our community in one of our three Community Health Initiative areas. The activities funded through our Community Investment Grants are described in greater detail in the subsequent sections of this report.

Our FY17 Community Health Improvement Grant recipients were:

- 5210+
- Challenge Success
- Children's Health Council
- Fair Oaks Community Clinic – Pediatric Fellow
- Gardner Packard Children's Health Center
- Go for Health
- Health Care Alliance for Response to Adolescent Depression (HEARD)
- Legal Aid Society of San Mateo County
- MayView Community Health Center
- Palo Alto Family YMCA – Reach & Rise
- Peer Health Exchange
- Pediatric Weight Control Program
- Project Cornerstone
- Puente
- Ravenswood Family Health Center
- Santa Cruz Community Health Centers
- San Mateo Medical Center
- School Mental Health and Adolescent Suicide Prevention Program
- Stanford Center for Youth Mental Health and Wellbeing
- Stanford Early Life Stress & Pediatric Anxiety Program
- Stanford Pediatric Advocacy Program



Community Health Initiatives

Lucile Packard Children's Hospital Stanford conducted a Community Health Needs Assessment (CHNA) between September 2015 and January 2016 in San Mateo and Santa Clara counties in partnership with local public health departments, nonprofit and hospital partners, and community leaders. The CHNA seeks to provide insight into the health of the community, prioritize local health needs and identify areas for improvement. With the data collected, Lucile Packard Children's Hospital Stanford developed strategies to tackle critical health needs and improve the health and well-being of our community.

Our most recent CHNA prioritized three top-ranking health needs:

Initiative 1:

Improve access to primary health care services for children, teens and pregnant women

Goal

Improve access to a comprehensive medical home for children, youth and pregnant women in our community.

Initiative 2:

Prevent and treat pediatric obesity

Goal

Reduce the prevalence and severity of overweight and obese children by addressing the social determinants of health, by offering evidence-based clinical treatment programs to children and families of the community, and by engaging in advocacy efforts.

Initiative 3:

Improve the social, emotional and mental health of children and youth

Goal

Improve youth mental health through prevention, by ensuring adequate access to quality mental health services and by addressing the social determinants of health.

Community Health Initiative 1: Improve access to primary health care services for children, teens and pregnant women

The strategies outlined below will guide our 2018 Community Benefit work.

FY18 strategy	Proposed actions
Direct provision of care to vulnerable patients	<ul style="list-style-type: none"> • Provide uncompensated Medi-Cal care • Provide charity care
Increase the availability of health care services for vulnerable children	<ul style="list-style-type: none"> • Provide funding for community-based Federally Qualified Health Clinics in 3 counties • Provide funding for preventative health care services for residents on the San Mateo County coast
Address the socioeconomic barriers that prevent vulnerable children from receiving health care	<ul style="list-style-type: none"> • Provide funding for Packard Mobile Adolescent Teen Van • Fund transportation services for children to receive care at hospitals and clinics • Provide funding for Family Advocacy Program
Ensure a future supply of health care providers	<ul style="list-style-type: none"> • Train health care professionals
Address the systemic and institutional barriers to access	<ul style="list-style-type: none"> • Provide ongoing advocacy

Overview

Access to comprehensive, quality health care is crucial for improving overall health status and for increasing the quality of life for all members of our community. Providing quality, accessible and affordable health care to children is critically important to their physical and mental health.

While children are almost universally accessing health care in our community, more than half of children in California lack a medical home, which is higher than the nationwide average. Troubling still, ethnic disparities exist when it comes to health care insurance and access to a medical home. Access and delivery are driven by socioeconomic conditions, such as the social determinants of health, as well as the availability of primary care physicians.

Optimal health care delivery should occur within a medical home – a model of delivering primary care that is accessible, continuous, comprehensive, family-centered, coordinated,

compassionate and culturally effective. In this model, the patient and family are the focal point.

While insurance coverage rates remain near universal for children in our community, we are increasingly concerned about the rate of uninsured children rising in the future. When children have health insurance, they are more likely to receive preventive care and acute care, they miss less school, and their families are at less financial risk from unpaid medical bills.

Strategy

Improve access to primary health care services for children and youth ages 0 to 25, and for pregnant women through support of community health clinics, through funding of health programs and by addressing barriers to care. Interventions will include improved care coordination between health care organizations and systems as well as sustainable adoption and implementation of the medical home model.

Anticipated impact	FY18 programs and partners
<ul style="list-style-type: none"> Increased number of children and expectant women served 	Hospital-based
<ul style="list-style-type: none"> Increased number of children and expectant women served Increased care coordination 	Community-based: <ul style="list-style-type: none"> Fair Oaks Community Health Center MayView Community Health Center Puente Ravenswood Family Health Center Santa Cruz Community Health Centers
<ul style="list-style-type: none"> Increased number of children and youth served 	Hospital-based Community-based: <ul style="list-style-type: none"> Children’s Health Council El Camino Hospital Jacob’s Heart Legal Aid Society of San Mateo County
<ul style="list-style-type: none"> Increased number of qualified providers in the community focused on community-based practices Standard of care raised 	Hospital-based
<ul style="list-style-type: none"> Systemwide health care improvements for children and families 	Hospital-based



Programs

In FY17 Lucile Packard Children's Hospital Stanford supported the following programs.

Care-A-Van for Kids

Care-A-Van for Kids is a no-cost transportation service for low-income children and families receiving medical treatment at Lucile Packard Children's Hospital Stanford with no reliable means of transportation. Care-A-Van for Kids collaborates with community transportation programs to expand access to low-income patients from a far distance and even out-of-state families.

Total investment: \$206,858

Gardner Packard Children's Health Center

Gardner Packard Children's Health Center, a Federally Qualified Health Center, has lowered health care costs and increased access to health care services for uninsured and underinsured children in our primary service area. The Gardner Packard Health Center is part of our ongoing efforts to increase access to care for our patients and the community. Services provided include: general pediatric care; comprehensive treatment including immunizations, complete physical exams, acute illness and injury care; health education; social services assessment and assistance; mental health counseling; nutrition counseling; and more.

Total investment: \$725,000

Individuals served: 9,811

MayView Community Health Center

MayView Community Health Center, a nonprofit community health clinic, operates three clinics in the cities of Palo Alto, Mountain View and Sunnyvale with a mission to provide high-quality primary health care to low-income people from all cultural and ethnic backgrounds, regardless of ability to pay. MayView is an essential part of the health care safety net and a medical home for the uninsured in our community. With more than 20,000 visits per year from over 6,000 patients, MayView serves low-income families and individuals who live and work in the northern part of Santa Clara County. Lucile Packard Children's Hospital Stanford partners with MayView to provide prenatal and pediatric care to low-income and uninsured patients.

Total investment: \$50,000

Individuals served: 6,989



Mobile Adolescent Health Services: Teen Van

Lucile Packard Children's Hospital Stanford provides expert care to our community's high-risk kids and young adults ages 10 to 25 through the Mobile Adolescent Health Services program. The multidisciplinary staff of this program provide custom-designed care for those who rely exclusively on the Teen Van as their only link to a network of services and knowledge they urgently need. All services and medications are provided free of charge to the patients. Services include: acute illness and injury care, physical exams, family planning services, pregnancy testing, HIV and STD testing, counseling and treatment, immunizations, mental health services, nutrition counseling, and more.

To learn more and view the Teen Van's locations and schedule, visit teenvan.stanfordchildrens.org.

Total investment: \$572,129

Individuals served: 2,892

Peninsula Family Advocacy Program

The Legal Aid Society of San Mateo County's Peninsula Family Advocacy Program (FAP) strives to improve the health and welfare of pregnant women, low-income children and their families. FAP provides no-cost legal representation, advocacy and education to help address underlying causes of poor health among low-income children receiving care in our primary service area. FAP assists community members with medical insurance and financial issues, housing problems, enrolling in public benefits, domestic violence, and enrolling in educational programs; it also provides assistance for teen parents and family caregivers.

Total investment: \$80,293

Individuals served: 8,289

Puente

As the region's only community resource center, Puente serves the San Mateo County South Coast communities of Pescadero, La Honda, Loma Mar and San Gregorio. Puente advocates for its community and leverages resources that foster economic prosperity and security as well as promote individual and community health and wellness. In fiscal year 2017, Lucile Packard Children's Hospital Stanford partnered with Puente to increase access to primary health care services in the South Coast region.

Total investment: \$60,000

Individuals served: 1,017

Ravenswood Family Health Center

Our long-standing partnership with Ravenswood Family Health Center, a Federally Qualified Health Center, spans multiple services, including pediatric medical and dental visits. By leveraging our financial support and human capital, Ravenswood Family Health Center has been able to expand its culturally competent pediatric services and build capacity for uninsured or underinsured children and mothers in our community.

Total investment: \$369,000

Individuals served: 15,931

Santa Cruz Community Health Centers

Through the Santa Cruz Women's Health Center and the East Cliff Family Health Center, Santa Cruz Community Health Centers, a Federally Qualified Health Center, provides comprehensive primary care services in English and Spanish to people of all ages, genders, ethnicities, abilities, sexual identities and orientations, regardless of their ability to pay. Santa Cruz Community Health Centers is driven by its originator's 40-year commitment to social justice and access to health care as a human right. In FY17, Lucile Packard Children's Hospital Stanford partnered with Santa Cruz Community Health Centers to expand access to health care services and to improve care coordination services.

Total investment: \$55,000

Individuals served: 39

In Depth: Santa Cruz Community Health Centers



**Lucile Packard
Children's Hospital
Stanford**

At Lucile Packard Children's Hospital Stanford we're focused on ensuring that every child has access to quality health care and the programs and services that ensure equal opportunity to thrive. That's why we are proud to partner with Santa Cruz Community Health Centers to expand access to primary health care services in our community.

Since 1974, Santa Cruz Community Health Centers has played a key role in the local health care safety net in Santa Cruz County. What started as a women's health collective founded by a group of UC Santa Cruz students has — over four decades — evolved to keep pace with the rapidly changing health care landscape, expanding in size and scope each year to meet growing community needs. At the same time, the organization has developed a reputation for demonstrably high-quality care with top quartile results in diabetes care, cervical cancer screenings, preventing emergency department visits and other measures.

In FY2017, Lucile Packard Children's Hospital Stanford partnered with Santa Cruz Community Health Centers on a pediatric complex care program. The program is designed to provide accessible high-quality primary care and coordination of specialty care for children and families with complex medical needs. The program emphasizes the social and psychological functioning of low-income families and their communities. The pediatric team works closely with the county Behavioral Health Department through an integrative medical-behavioral health model to ensure that all needs of the patient are met. This includes not just health needs, but the physical, social, emotional and environmental needs of patients as well. We know that many factors contribute to the health of individuals and communities — this program seeks to ensure that the social determinants of health are addressed for each patient.

“Our partnership with Lucile Packard Children's Hospital Stanford enables us to provide specialized care for children with medically complex health needs, which is an amazing resource for our pediatrics team and patient families in our community. The partnership, in its second year, is helping us to solidify our Pediatrics Center of Excellence and provide high-quality care.”

— Dr. Gary Crummer, site medical director for pediatrics at
East Cliff Family Health Center



Community Health Initiative 2: Prevent and treat pediatric obesity

Overview

Childhood obesity occurs when a child is well above the healthy weight for his or her age and height. Multiple factors often contribute to obesity including poor nutrition, lack of exercise, and the low availability of fresh food and high prevalence of fast food in the physical environment.

Childhood obesity often leads to health problems that were once confined to adults such as diabetes, high blood pressure and high cholesterol. It can also lead to poor self-esteem and depression. For children and adolescents, proper nutrition promotes their optimal growth and development and is associated with improved cognitive function, reduced school absenteeism and improved mood.

The strategies outlined below will guide our 2018 Community Benefit work.

FY18 strategy	Proposed actions
Increase school children’s understanding about the importance of nutrition and exercise	<ul style="list-style-type: none"> • Offer classroom and community-based health curriculum for teachers, students and families
Enable low-income families to access high-quality weight-control programs	<ul style="list-style-type: none"> • Provide financial support for low-income families to attend family-based, clinical weight reduction programs
Address the systemic and institutional drivers of obesity	<ul style="list-style-type: none"> • Support state and federal public health initiatives, and advocacy efforts such as Go for Health!

Strategy

Reduce the prevalence and severity of overweight and obese children by promoting healthy nutrition and weight and addressing the social determinants of health. Interventions will include funding of clinical weight reduction and community health education programs — as well as advocacy efforts focused on local, state and federal public health policy.



Anticipated impact	FY18 programs and partners
<ul style="list-style-type: none"> • Increased number of children who receive information on healthy lifestyle choices • Improved student behaviors related to nutrition and exercise 	Community-based: <ul style="list-style-type: none"> • 5210+ • Go for Health!
<ul style="list-style-type: none"> • Increased participation and completion in weight control programs • Improved weight management of participants • Decreased body mass index 	Hospital-based: <ul style="list-style-type: none"> • Pediatric Weight Control Program
<ul style="list-style-type: none"> • Increased community focus on healthy lifestyle choices • Improvements in the built environment • Decrease in food deserts, etc. 	Hospital-based Community-based: <ul style="list-style-type: none"> • Go for Health!

Programs

In FY17 Lucile Packard Children's Hospital Stanford supported the following programs.

5210+

Based on an acclaimed national program, 5210+ seeks to improve the health of children and their families using a social marketing message to encourage children to eat fruits and vegetables, participate in active play, reduce screen time, and eliminate consumption of sugary beverages. Research shows the importance of consistent messaging where kids and families live, learn, work and play. 5210+ partners with doctors, teachers, child care providers and community organizations to share healthy habits every day.

Go for Health!

The Go for Health! program is embarking on a journey toward collectively addressing health issues that do not discriminate, while honoring the rich diversity of our communities by working collaboratively to address the epidemic of childhood obesity. The Go for Health! collaborative is focused on reducing obesity by 10 percent by 2020 through policy and environmental change, education and awareness, and leadership development.

Total investment in 5210+ and Go for Health!: \$55,000

Individuals served: 462

Pediatric Weight Control Program

A nationally recognized, evidence-based initiative, the Lucile Packard Children's Hospital Stanford Pediatric Weight Control Program is a family-focused, 26-week behavior modification program for overweight children and their families. Insurance plans do not yet reimburse for weight management programs, so families must pay out of pocket. In response to this, Lucile Packard Children's Hospital Stanford has established a process for families to apply for partial or full financial support based on need. The program is highly successful with over 97 percent of children completing the entire program. Eighty-nine percent of children and 84 percent of their parents saw a significant reduction in weight.

Total investment: \$355,245

Individuals served: 112



In Depth: Go for Health! and 5210+



Lucile Packard
Children's Hospital
Stanford

At Lucile Packard Children's Hospital Stanford we're committed to keeping children and their families healthy and thriving. It's this commitment that drove us to fund the critical work of Go for Health! and 5210+ in Santa Cruz County.

In 2004, over 150 agencies representing a wide array of sectors created a comprehensive plan to address the rising rates of overweight children in Santa Cruz County. The result was the Go for Health! collaborative. Go for Health! is working with schools, parents, health care professionals, local media, local markets and businesses, city planners, and local and state policy makers to effect long-term change in reducing the rates of obesity in our community.

As part of that shared vision of reducing obesity rates by 10 percent, 5210+ is helping to improve the health of children and their families through an education campaign that encourages children and families to eat more fruits and vegetables, participate in active play, reduce screen time and eliminate consumption of sugary beverages. It also stresses the importance of adequate sleep and breastfeeding.

Research shows that promoting healthy diets and weight reduces chronic disease and promotes health. Go for Health! and 5210+ are committed to sharing that message with our community. Whether through the advocacy work of the Go for Health! collaborative or the health education work of the 5210+ program, community members in Santa Cruz County are now being exposed to more healthful food options and messages of health.

“Even though I pretend to not like veggies, I'm happy you brought some because I actually love them!”

— Jason, 5th grade student, San Lorenzo Valley Unified School

Community Health Initiative 3: Improve the social, emotional and mental health of children and youth

The strategies outlined below will guide our 2018 Community Benefit work.

FY18 strategy	Proposed actions
Provide high-quality mental health services to youth	<ul style="list-style-type: none"> • Continue to provide high-quality services and programs to youth who need them • Provide funding for and participate in community collaboratives addressing mental health issues • Provide funding for suicide prevention resources • Provide funding for ongoing research in collaboration with Stanford School of Medicine
Increase the resiliency of at-risk youth	<ul style="list-style-type: none"> • Provide funding for youth mentoring programs • Provide funding for school-based programs that foster positive youth engagement • Provide funding for school-based programs that build healthy lifestyle choices for youth
Address the systemic/institutional barriers to mental health	<ul style="list-style-type: none"> • Support advocacy efforts
Improve the support structures for youth mental wellness and increase community awareness	<ul style="list-style-type: none"> • Offer community education and free lectures (e.g., maternal depression) • Hold bi-annual youth mental wellness conference • Support Stanford Center for Youth Mental Health and Wellbeing

Overview

The social, emotional and mental health of children and youth continues to be a major concern in our community. Positive mental health is defined as a state of successful performance of mental function, resulting in productive activities, fulfilling relationships with other people, and the ability to adapt to change and to cope with challenges. It is essential to personal well-being, family and interpersonal relationships, and the ability to contribute to the community or to society. Social and emotional health play a major role in people’s ability to maintain good physical health.

In our most recent CHNA, San Mateo County youth reported higher percentages of depressive symptoms for middle and high school students compared with the state. In both San Mateo and

Santa Clara counties, more than one in 10 ninth- and 11th-grade students seriously considered suicide. Community members report concerns about well-being and the need for more education for providers, youth and parents on mental health.

Strategy

Partner with and link health care providers with mental health providers, school professionals and community agencies to increase the emotional and social well-being of children and youth ages 0 to 25. Interventions will include funding of research, community health education and clinical services – as well as support for mentoring programs that seek to improve the social cohesion in our community.

Anticipated impact	FY18 programs and partners
<ul style="list-style-type: none"> • Increased access to mental health treatment • Improved emotional functioning and wellness • Enhanced treatment practices 	<p>Hospital-based:</p> <ul style="list-style-type: none"> • Stanford School of Medicine <p>Community-based:</p> <ul style="list-style-type: none"> • Project Safety Net • HEARD Alliance • Children’s Health Council • El Camino Hospital • Mills-Peninsula Hospital • Santa Clara Valley Medical Center
<ul style="list-style-type: none"> • Increased access to mentors • Youth linked to community resources • Increased positive youth development 	<p>Community-based:</p> <ul style="list-style-type: none"> • Challenge Success • Peer Health Exchange • Project Cornerstone • YMCA Reach & Rise
<ul style="list-style-type: none"> • Increased access to mental health services 	<p>Hospital-based</p>
<ul style="list-style-type: none"> • Reduced mental health stigma • Increased number of education events offered • Expanded collaboration among community stakeholders • Increased linkages to mental health treatment resources 	<p>Hospital-based:</p> <ul style="list-style-type: none"> • Stanford School of Medicine <p>Community-based:</p> <ul style="list-style-type: none"> • Project Safety Net



Programs

In FY17 Lucile Packard Children's Hospital Stanford supported the following programs.

Children's Health Council

Children's Health Council's mission is to remove barriers to learning by helping children and teens become resilient, happy and successful at home, at school and in life. In FY17, Lucile Packard Children's Hospital Stanford partnered with Children's Health Council to begin a project that seeks to understand why families are struggling to access the support they need. The research project seeks to identify the current landscape of existing support systems with the goal of expanding access to those same support systems.

Total investment: \$25,000

Challenge Success

Challenge Success partners with over 130 middle and high schools to implement policies and practices that increase academic engagement and well-being for their students. Schools send teams of educators, parents and students to an annual fall conference at Stanford University where they hear the latest research on best practices in education and learn from each other how to create effective school reform.

Total investment: \$25,000

Individuals served: 25,000

Hospital Educational Advocacy Liaisons (HEAL)

Children who have survived or are continuing to battle a chronic illness may have to deal with the cognitive effects of their illness and treatment. Returning to some semblance of "normal" is critical for a child's optimal adjustment. An important part of "normal" life for children is continuing their education, whether through homebound teaching or attending school. Unfortunately, parents and children often face new obstacles when a child returns to school. We created the HEAL program staffed by educational professionals to help address a child's educational care. HEAL helps medically fragile children experience success in learning, despite limitations imposed by their illness, by educating students, parents and school staff about the unique cognitive and social and emotional needs of medically fragile children and their impact on school success.

Total investment: \$387,303

The Mental Health Dissemination and Innovation Initiative

Mental Health Dissemination and Innovation Initiative's activities focus on research into biological and sociological risk factors for stress vulnerability aiming to prevent the outcomes of traumatic events in young children and adolescents, and to mitigate these effects in youth already experiencing functional impairment. The initiative develops and disseminates innovative treatments and interventions for youth with a focus on community engagement.

Total investment: \$131,150

Peer Health Exchange

Peer Health Exchange's mission is to empower young people with the knowledge, skills, and resources to make healthy decisions. They do this by training college students to teach a skills-based health curriculum in under-resourced high schools across the country with the ultimate goal of advancing health equity and improving health outcomes for young people.

Total investment: \$40,000

Individuals served: 2,266

Project Cornerstone

An initiative of the YMCA of Silicon Valley, Project Cornerstone helps children and teens thrive by building positive values, promoting meaningful relationships, and teaching skills and experiences that lead to a successful future. Project Cornerstone partners with schools and communities to create positive and caring environments for social and emotional development through trainings for faculty, students, parents and community members. In addition to grant funding, Lucile Packard Children's Hospital Stanford provides support to the Project Cornerstone Advisory Board.

Total investment: \$35,000

Individuals served: 10,928

Project Safety Net and Health Care Alliance for Response to Adolescent Depression (HEARD)

Born out of the 2009 teen suicide cluster in Palo Alto, both of these community efforts seek to increase the emotional and social well-being of youth. The Project Safety Net collaborative formed to develop and implement an effective, comprehensive, community-based mental health plan for youth well-being in Palo Alto. Focusing on education, prevention and intervention, the collaborative is designed to increase help-seeking behaviors and build connections between peers and caring adults that provide a safety net for youth in the community. Like Project Safety Net, HEARD was formed as a response to social and emotional challenges facing youth in the Palo Alto community.

HEARD is composed of child psychiatrists, nonprofit agencies and school psychologists working to prevent crisis situations and intervene when they may arise. The alliance's goal is to increase awareness of mental disorders, decrease the stigma surrounding them and increase access to treatment. Community partners: City of Palo Alto, Palo Alto Unified School District, Palo Alto PTA, Adolescent Counseling Services, Youth Community Service, Palo Alto Medical Foundation, Developmental Assets Coalition, Palo Alto Family YMCA, and the Stanford University Department of Psychiatry.

Total investment in Project Safety Net and HEARD: \$141,850

Reach & Rise

A project of the YMCA, Reach & Rise is a national one-to-one mentoring program determined to move youth from risk to resiliency. The program helps build a better future for youth by matching them with an adult mentor for one year. Free of cost to families, trained mentors work to understand cultural and social development as well as mental health issues and risk factors, and offer ways to communicate and relate to youth. The goal of the program is to help youth gain positive, consistent and nurturing relationships with adults to build self-esteem, improve decision-making skills and school performance, and promote healthy interpersonal relationships.

Total investment: \$25,000

Individuals served: 180

Suspected Child Abuse and Neglect Team (SCAN)

Designed to recognize, respond to and manage cases of abusive injury or harm caused by physical violence, sexual violence or neglect, the SCAN team consults on suspected child abuse cases, meets regularly to review Child Protective Services cases, and provides both inpatient and outpatient consultation services. The SCAN team regularly disseminates abuse prevention materials and trains medical providers on how to prevent, recognize and report cases of abuse.

Total investment: \$180,000



In Depth: Peer Health Exchange

PEER HEALTH EXCHANGE



Lucile Packard
Children's Hospital
Stanford

Lucile Packard Children's Hospital Stanford and Peer Health Exchange (PHE) are committed to improving the social, emotional and mental health of youth in our community. PHE is an organization with a vision to advance health equity and improve health outcomes for young people. PHE's skills-based health education curriculum, taught in high schools around the Bay Area by college volunteer educators, focuses on decision-making, communication and accessing resources in sexual health, substance use and mental health for ninth-grade students. PHE opened a chapter this year at Stanford University, allowing its undergraduate volunteers to reach schools in East Palo Alto, Mountain View and San Jose for the first time.

PHE uses technology to support volunteers who teach 13 workshops, once per week, throughout the school year. By returning to the same classroom over the course of 13 weeks, volunteers develop deep relationships with the young people they teach. The tech-enhanced curriculum equips volunteers to better facilitate activities and answer student questions by reducing the cognitive burden required to deliver the program, demonstrating increased impact on student learning. Students engage more deeply with the content, are more comfortable sharing their experiences, and are more likely to ask honest questions when they trust the facilitator.

In part due to the partnership with Lucile Packard Children's Hospital Stanford, the volunteers will reach as many as 22 schools from Richmond to San Jose in the 2017 – 2018 school year. PHE expects to train 240 college volunteer educators and reach more than 2,700 high school students, providing them with the knowledge, skills and resources they need to make healthy decisions for a lifetime.

“There were two girls who I overheard saying something like ‘no one actually asks for consent, let’s be real’ I stopped and we talked about their experiences, and I offered advice. This was a huge testament to the near-peer model because I do not think these girls would have felt comfortable enough to open up with a teacher or older adult. I was able to tell them from one young person to another that hey, it can be cool to give and ask for consent and here is how you can do it.”

— Volunteer, University of California at Berkeley PHE health educator



Other FY17 Community Benefit Activities

Programs that benefit the broader community

Community Health Education

Our commitment to family wellness and preventive care is demonstrated through our health education classes, child safety programs and community lectures held at the hospital and throughout the Bay Area. We offer programs and classes to enhance the lives of parents and children. Our Start Strong series focuses on pregnancy, childbirth, and newborn and maternal care, while Your Child's Health University offers classes designed for parents and their children through adolescence.

Learn more at classes.stanfordchildrens.org.

Total investment: \$28,007 in free or subsidized classes

Individuals served: 3,107

Emergency Preparedness

Lucile Packard Children's Hospital Stanford and Stanford Health Care play a critical role in disaster preparedness in our community. Our shared Office of Emergency Management collaborates with local governments, other regional hospitals, emergency medical services providers and others to respond to and mitigate catastrophic events such as pandemic flu, earthquakes and other disasters. Our Office of Emergency Management provides critical supplies and emergency medical equipment in the case of an emergency.

Total investment: \$11,821

Marguerite Shuttle

As part of our commitment to the community, Lucile Packard Children's Hospital Stanford provides support to Stanford University's Marguerite shuttle service with the aim of providing access to transportation to individuals in our community who otherwise would lack access and to alleviate the negative effects of congestion. Marguerite provides public shuttle service around the Stanford University campus and connects to nearby transit, shopping, dining and entertainment centers.

Total investment: \$2,032,505

Keeping Kids Safe

Safe Kids Coalition

As a leader in children's health in our community, Lucile Packard Children's Hospital Stanford is the host agency for the local coalition Safe Kids San Mateo/Santa Clara County. Lucile Packard Children's Hospital Stanford provides the coalition coordination and the meeting site. This coalition consists of parents, law enforcement professionals, health professionals, firefighters, business leaders and others working to reduce the number of unintentional injuries to children in our community by providing prevention education, activities and events.

Child Safety and Outreach Program

Lucile Packard Children's Hospital Stanford is dedicated to preventing injuries in children. With ongoing support from Kohl's, the program plays a key role in reducing harm to Bay Area children. Our bilingual staff provide car, bike and pedestrian safety education at health fairs and community events across the region.

Safely Home Car Seat Fitting Program

With four out of five child safety seats being used incorrectly, inspections by a certified technician are vital to keeping our kids safe. Lucile Packard Children's Hospital Stanford offers a child passenger fitting station for patient families as well as for the community throughout the year.

Certified technicians offer the following assistance to parents and caregivers:

- Ensure that the child safety seat purchased by the family has not been recalled
- Advise how to choose an age-, height- and weight-appropriate child safety seat
- Instruct and demonstrate how to install and use the appropriate child safety seat in the vehicle
- Instruct and demonstrate how to correctly place a child in the appropriate child safety seat
- Answer any questions parents or caregivers may have regarding child safety seat installation

Buckle Up for Life

In collaboration with Toyota and Cincinnati Children's Hospital, Lucile Packard Children's Hospital Stanford offers a community-based passenger safety education program that educates the entire family on critical safety behaviors and provides free child car seats to families in need. To deliver the education in the most effective manner, we work in close collaboration with local hospitals, faith-based organizations and family-serving organizations.

Total investment in all keeping kids safe programs: \$142,001

Individuals served: 18,764

Advocacy and Outreach

Project SEARCH

In 2012, Lucile Packard Children's Hospital Stanford, through a partnership with Palo Alto Unified School District, began to participate in Project SEARCH to help young adults with developmental disabilities find jobs and internships in order to build their careers. Participants work with our hospital for one year with the goal of gaining hands-on experience and training. Participants gain real experience in several departments including: human resources, housekeeping, patient financial services, respiratory services, the gift shop, food services and patient access services. Project SEARCH interns complete their rotations with the goals of working 80 percent independently and learning valuable career skills that will be useful in their search for full-time employment.

Community partners: Palo Alto Unified School District, Hope Services

Total investment: \$83,638

Cristo Rey San Jose Work Study Program

As part of our efforts to improve the social determinants of health in our community, Lucile Packard Children's Hospital Stanford partners with Cristo Rey San Jose Jesuit High School to provide workforce development training to high school students in need. Students perform learn a range of tasks from administrative to research that helps prepare them for college and beyond.

Total investment: \$50,760

Chambers of Commerce, Regional Economic Development Associations and Service Clubs

As part of our ongoing advocacy efforts and as a major regional employer, leaders at Lucile Packard Children's Hospital Stanford play an active role in the following local and regional organizations working to build economic vitality and ensure improvements in the social determinants of health for all residents:

- Chambers of commerce: Palo Alto, Menlo Park, Redwood City, Mountain View, Sunnyvale, Los Altos, Silicon Valley
- Regional economic development associations: Silicon Valley Leadership Group, Joint Venture Silicon Valley, San Mateo County Economic Development Association, Innovation Tri-Valley, Monterey Bay Economic Partnership
- Service clubs: Rotary Club of Palo Alto

Total investment: \$108,923

Nonprofit Sponsorship Support

Another way we show our support for community organizations is by providing valuable financial contributions to their fundraising efforts through sponsorship of events that support their mission and align with our CHNA-derived Community Health Improvement Initiatives. This support allows local nonprofit organizations to leverage our initial funding to raise funds for programs and activities that complement our mission and improve the health of the community.

Total investment: \$121,500

Advocacy for Children's Health

Lucile Packard Children's Hospital Stanford is committed to the principle that all members of our community deserve access to high-quality health care services. That's why as part of our organization's mission we prioritize advocating on behalf of kids, expectant mothers, patients and families.

We believe that one of the most effective ways we can help improve our community in the long term is to utilize legislative and public policy advocacy. Quite simply, this means supporting laws and policies that are good for families and opposing ones that are not. Advocacy is how we ensure laws are passed that can protect and improve the health, safety and well-being of children and expectant mothers. Very often, children don't have a voice in the decisions that affect them and their families. Our advocacy efforts are aimed at ensuring that their concerns are always heard when public policies are debated and legislation is passed.

Our advocacy efforts include educating the community and policy leaders on the most pressing health needs, being involved in legislation that affects children's health, and working with physicians as they advocate for their patients and families.

We also know that healthy communities need more than just health care. We know that the health of our homes, schools, workplaces and neighborhoods is determined by a number of social and economic factors. That's why in addition to advocating for health care access, we are also committed to ensuring that the social determinants of health are being addressed in our community. As a major regional institution we are focused on advocating for solutions to some of the most pressing challenges. Whether it be education, housing or transportation issues, we are committed to improving the health and well-being of our community by meaningful engagement in public policy solutions.

Total investment: \$292,223

Lucile Packard Children's Hospital Stanford Leadership on Boards and Committees

Members of our leadership team and faculty play a pivotal role across the nation with nonprofit groups. Some of the organizations are listed below:

- Abilities United
- Health Improvement Partnership
- Jacob's Heart Children's Cancer Support Services
- Kids in Common & Santa Clara County Children's Agenda
- March of Dimes
- National Collaborative on Childhood Obesity Research
- Project Cornerstone
- Ravenswood Family Health Center
- Ronald McDonald House





Workforce Development: Programs that train the next generation of health professionals

Residency and Fellowship Training

Lucile Packard Children's Hospital Stanford is one of the top destinations for physician training for students from the Stanford School of Medicine. We provide clinical training for medical students, residents and fellows from the Stanford School of Medicine through our pediatric residency training program. Our pediatric residency program began more than two decades ago with the goal of training the doctors of the future through a robust and well-rounded program with emphasis on advocacy and community service. During this time, the number of residents and post-resident fellowship opportunities has significantly increased. We also provide training for students and fellows in nursing, pharmacy, social work, audiology, occupational and physical therapy, and clinical nutrition.

Total investment: \$12,930,760

Residents and fellows: 180

Nurse and Allied Health Professionals Training

Lucile Packard Children's Hospital Stanford is committed to training the many professionals who make exceptional family-centered care possible. This includes nursing students and allied health professionals such as: social work fellows, audiology professionals, pharmacists, clinical nutritionists and others.

Total investment: \$2,873,236

Pediatric Advocacy Program

The Pediatric Advocacy Program at Lucile Packard Children's Hospital Stanford provides pediatric residents with opportunities to:

- Learn about critical community agencies and resources through the community pediatrics and child advocacy rotation
- Support local community partners in their efforts to address pressing child health needs through the longitudinal Stanford Advocacy Track (StAT)
- Promote child health and well-being through community-driven systems and policy change

Total investment: \$82,000

Mid-Coastal California Perinatal Outreach Program (MCCPOP)

The Mid-Coastal California Perinatal Outreach Program (MCCPOP), funded in part by the State of California, seeks to improve birth outcomes through education, consultation and collaboration. MCCPOP provides obstetrical and neonatal education to health care providers in San Mateo, Santa Clara, Santa Cruz, San Benito, Monterey and San Luis Obispo counties. MCCPOP advocates for exceptional family-centered care in affiliated hospitals. MCCPOP is a partnership among the Department of Pediatrics, Division of Neonatal and Developmental Medicine at Stanford University, the Johnson Center for Pregnancy and Newborn Services at Lucile Packard Children's Hospital Stanford, and 25 hospitals in six counties.

Total investment: \$180,967

Spotlight: Ronald McDonald House at Stanford

Lucile Packard Children's Hospital Stanford's commitment to sustaining positive and supportive health care environments for our patients and families reinforces the importance of our partnership with Ronald McDonald House at Stanford. Located a few blocks from our campus and accessible via free shuttle, the house enhances the health and well-being of critically ill children by providing a safe and comfortable home for families traveling long distances to access pediatric treatments. Now welcoming 123 families every night, the newly expanded house more than doubled its previous capacity and enhanced comprehensive care programs and services for substantially more families in anticipation of our recent expansion.

Providing more than overnight accommodations, the house offers families opportunities to build community, share experiences and spend time together through a comprehensive mix of programming. Age-appropriate activity rooms, dining and laundry facilities, daily no-cost meals, seasonal day camps, and therapeutic support services help families engage and manage daily needs amid the confusion and uncertainty of medical crises.

Extensive collaboration between Ronald McDonald House at Stanford and Lucile Packard Children's Hospital Stanford resulted in strategic family-centered initiatives that have helped build relationships across all levels of family care including education, housing and the growth of our centers of excellence.

The new full-day K – 12 onsite house school, established in partnership with our hospital and the Palo Alto Unified School District, helps patients and siblings maintain their education and daily routines when far from home. Children build new connections with peers as classmates, explore their creativity and gain essential knowledge for life beyond the hospital. The house school provides ongoing educational support as a designated public school site, and parents benefit from knowing their children can learn and grow despite unpredictable treatment timelines.

The continuum of care available to families begins the moment they are referred to the house. In an effort to support end-to-end care and alleviate stress on families, our partnership streamlined housing processes and now provides families a single point of contact for arranging their accommodations. Housing teams from both entities have fully integrated operations and work cooperatively to adapt to changing family needs.

Enhanced house programs and services will continue to support the growth of our campus and specialty health care programs including pediatric cardiology, oncology and obstetrics. Leading Stanford Health physicians can now identify, research, recruit and treat complex pediatric cases from around the globe as even more families find stability, normalcy and healing at the house.

Lucile Packard Children's Hospital Stanford is proud to partner with the world's largest Ronald McDonald House and continues to support its efforts to keep families close.

Total FY17 investment: \$500,000



“The partnership between the house and the hospital is very special. It is no exaggeration that when a child is sick, a tremendous burden is placed on the entire family. The house offers a focus on supporting the family and providing an environment that allows them to get their child healthier. There are fewer things to worry about and families have a community that welcomes, understands and supports them.”

— Dr. David Rosenthal, director, Pediatric Advanced Cardiac Therapies Program, Lucile Packard Children’s Hospital Stanford; board of directors, Ronald McDonald House Charities — Bay Area

Caring for More Families: The new Lucile Packard Children's Hospital Stanford

Over a decade in the making, Lucile Packard Children's Hospital Stanford opened the doors to our new main building on December 9, 2017.

Now one of the nation's most technologically advanced, sustainable hospitals will help even more children and their families. Our expansion adds 521,000 square feet of space to the existing hospital — providing a remarkable modernization in our ability to care for and cure our patients and the community.

We've added 149 new patient beds; 3.5 acres of open space and gardens; the very latest in medical technology; new surgical, diagnostic and treatment rooms; and a host of family-friendly amenities. Our new main hospital was designed to provide the flexibility to change as technology evolves while also offering more privacy and space for families. From the beginning, the vision and mission for our new building has been to lead the way in children's health.

Key features include:

- Bringing nature to the forefront with 3.5 acres of healing gardens and outdoor play spaces, patios and overlooks, and large windows in each patient room for natural light
- State-of-the-art surgical equipment, including a hybrid operating room suite with advanced imaging technology that combines multiple procedures in one room to help achieve minimally invasive procedures with better precision, quicker surgeries and less time under anesthesia
- New patient rooms that provide additional privacy and space for patients and their families, all of which include sleeping accommodations for two family members
- Dedicated lounges, laundry rooms and patient-family kitchens available on each level to provide space and convenience for families to relax and take care of everyday tasks
- Innovative sustainability features, such as water recovery for landscape irrigation, creative use of recycled and reclaimed local materials, and a unique external shading system to reduce the need for air conditioning
- Flexible floor space so we can adapt to new technologies and provide more efficient services as our patients' needs evolve

We are grateful for the community's remarkable commitment to children's health which has helped Lucile Packard Children's Hospital Stanford continue to grow.



Susan and John A. SOBRATO Pavilion

Expanding Care: Closer to home than ever

We are more than an award-winning hospital. We offer comprehensive health care for kids and pregnant women in more than 60 locations across the Bay Area through pediatric and obstetrics services, specialty locations, and partnerships with community hospitals.

Your child's care is at the center of everything we do. As part of Stanford Children's Health and its expanding network of pediatric services, we offer you and your family exceptional care close to home at one of our general pediatric locations across the Bay Area.

Hospital partnerships and affiliations

Recognizing the importance of bringing the best pediatric and obstetric care possible, close to where our patients live, Stanford Children's Health has established relationships with hospitals throughout the greater Bay Area and beyond, to support and provide comprehensive pediatric and obstetric care.



Lucile Packard Children’s Hospital Stanford

PALO ALTO Lucile Packard Children’s Hospital Stanford 725 WELCH RD

Specialty services locations (Multi-specialty) ▲

CAPITOLA Specialty Services – Capitola 824 BAY AVE
EMERYVILLE Specialty Services – Emeryville 6121 HOLLIS ST
FREMONT Specialty Services – Fremont 2299 MOWRY AVE
LOS GATOS Specialty Services – Los Gatos 14601 S BASCOM AVE
MENLO PARK Specialty Services – Menlo Park 321 MIDDLEFIELD RD

- Gastroenterology
- Motion Analysis
- Neurology
- Neurosurgery
- Pain Management
- PANS and PANDAS

For new patients, please e-mail: pansinquiries@stanfordchildrens.org
 For established patients, please e-mail: pansclinic@stanfordchildrens.org

- Psychiatry, Child and Adolescent
- Rehabilitation Services

MONTEREY Specialty Services – Monterey 1900 GARDEN RD

MOUNTAIN VIEW Specialty Services – Mountain View 1174 CASTRO ST

- Multispecialty Child and Adolescent Psychiatry

PALO ALTO Children’s Services Watson Ct – Palo Alto 2452 WATSON CT

- Audiology
- Ear, Nose and Throat (ENT)
- Eyes and Vision

PALO ALTO Mary L. Johnson Specialty Services 730 WELCH RD

- | | |
|--|--|
| <ul style="list-style-type: none"> Aerodigestive Allergy and Immune Deficiency Audiology Cardiology Cleft and Craniofacial Center Craniosynostosis and Plagiocephaly Dermatology Developmental Pediatrics Ear, Nose, and Throat (ENT), Voice and Swallow Program Eyes and Vision Gastroenterology, Hepatology, and Nutrition General Surgery | <ul style="list-style-type: none"> Genetics Hand and Upper Limb Surgery Infectious Diseases Intestinal and Liver Transplant Laboratory Services Neurology Neurosurgery Orthopedics Plastic Surgery Radiology Rheumatology Spasticity |
|--|--|

PALO ALTO Specialty Services – Welch Rd 770 WELCH RD

- Cystic Fibrosis
- Dermatology
- Kidney
- Kidney Transplant
- Lung Transplant
- Obstetrics
- Pulmonology and Cystic Fibrosis

PLEASANTON Orthopedics – Pleasanton 5000 PLEASANTON AVE

SAN RAFAEL Specialty Services – San Rafael 4000 CIVIC CENTER DR

- Cardiology, Endocrinology, Gastroenterology
- Pulmonology

SANTA ROSA Specialty Services – Santa Rosa at Sonoma Ave 990 SONOMA AVE

SUNNYVALE Specialty Services – Sunnyvale 1195 W FREMONT AVE

- Urgent Care

WALNUT CREEK Specialty Services – Walnut Creek 106 LA CASA VIA

Specialty services locations (Single-specialty) ●

LOS GATOS	Los Gatos Orthopedic Clinic	555 KNOWLES DR
LOS GATOS	Pediatric Cardiology Associates – Los Gatos	14651 S BASCOM AVE
LOS GATOS	Pediatric Gastroenterology – Los Gatos	14777 LOS GATOS BLVD
PALO ALTO	Child and Adolescent Mental Health401 QUARRY RD
PALO ALTO	Outpatient MRI Center732 WELCH RD
PLEASANT HILL	Diablo Valley Child Neurology	400 TAYLOR BLVD
SALINAS	Pediatric Cardiology Associates – Salinas	258 SAN JOSE ST

Primary care locations ○

ALAMEDA	Bayside Medical Group – Alameda	1359 PARK AVE
BERKELEY	Bayside Medical Group – Berkeley	2915 TELEGRAPH AVE
BRENTWOOD	Bayside Medical Group – Brentwood100 CORTONA WAY
FREMONT	Bayside Medical Group – Fremont2299 MOWRY AVE
BURLINGAME	Peninsula Pediatric Medical Group – Burlingame1720 EL CAMINO REAL
LIVERMORE	Bayside Medical Group – Livermore	1134 MURRIETA AVE
LIVERMORE	Livermore Pleasanton San Ramon	1133 E STANLEY BLVD
	Pediatrics – Livermore	
LOS GATOS	South Bascom Pediatrics15899 LOS GATOS-ALMADEN RD
MENLO PARK	Peninsula Pediatric Medical Group – Menlo Park	103 GILBERT AVE
MONTEREY	Pediatric Group of Monterey1900 GARDEN RD
MOUNTAIN VIEW	Juvvadi Pediatrics2204 GRANT RD
PINOLE	Bayside Medical Group – Pinole2160 APPIAN WAY
PLEASANTON	Bayside Medical Group – Pleasanton	5720 STONERIDGE MALL RD
PLEASANTON	Livermore Pleasanton San Ramon	5575 W LAS POSITAS BLVD
	Pediatrics – Pleasanton	
SAN JOSE	Pediatric Associates – Samaritan Dr2577 SAMARITAN DR
SAN JOSE	Pediatric Associates – Camden Ave6475 CAMDEN AVE
SAN JOSE	Silicon Valley Pediatricians2505 SAMARITAN DR
SAN MATEO	Peninsula Pediatric Medical Group – San Mateo	50 S SAN MATEO DR
SAN RAMON	Bayside Medical Group – San Ramon	5601 NORRIS CANYON RD
SAN RAMON	Livermore Pleasanton San Ramon	11030 BOLLINGER CANYON RD
	Pediatrics – San Ramon	
TRACY	Bayside Medical Group – Tracy4598 S TRACY BLVD
WALNUT CREEK	Bayside Medical Group – Walnut Creek	1776 YGNACIO VALLEY RD

Perinatal diagnostic centers ●

FREMONT	Perinatal Diagnostic Center – Fremont2147 MOWRY AVE
MODESTO	Perinatal Diagnostic Center – Modesto	1401 SPANOS CT
MOUNTAIN VIEW	Perinatal Diagnostic Center – Mountain View	2485 HOSPITAL DR
PALO ALTO	Perinatal Diagnostic Center – Palo Alto	300 PASTEUR DR
REDWOOD CITY	Perinatal Diagnostic Center – Redwood City	2900 WHIPPLE AVE
SALINAS	Pediatric Diagnostic Center – Salinas	212 SAN JOSE ST
SANTA CRUZ	Perinatal Diagnostic Center – Santa Cruz	1777 DOMINICAN WAY

Women’s care and obstetrics locations ○

MOUNTAIN VIEW	Altos Oaks Medical Group	2485 HOSPITAL DR
PALO ALTO	Women’s Health – Palo Alto211 QUARRY RD
REDWOOD CITY	Women’s Care Medical Group	2900 WHIPPLE AVE

Hospital partnerships and affiliates +

MOUNTAIN VIEW	El Camino Hospital	2500 GRANT RD
	Packard at El Camino (PEC) Unit	
PLEASANTON	Stanford Health Care ValleyCare Medical Center	5555 W LAS POSITAS BLVD
REDWOOD CITY	Dignity Health, Sequoia Hospital (Special Care Nursery)	170 ALAMEDA DE LAS PULGAS
SALINAS	Salinas Valley Memorial Hospital (NICU)450 E ROMIE LN
SAN FRANCISCO	Sutter Health CPMC3700 CALIFORNIA ST
SAN JOSE	Good Samaritan Hospital2425 SAMARITAN DR
SAN JOSE	Santa Clara Valley Medical Center751 S BASCOM AVE
SANTA CRUZ	Dignity Health, Dominican Hospital1555 SOQUEL DR
WALNUT CREEK	John Muir Medical Center	1601 YGNACIO VALLEY RD
WATSONVILLE	Watsonville Community Hospital75 NIELSON ST
RENO, NV	Renown Health1155 MILL ST

725 Welch Rd.
Palo Alto, CA 94304



Lucile Packard
Children's Hospital
Stanford

Find us



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