



Lucile Packard
Children's Hospital
Stanford

Community Benefit Report

for Fiscal Year 2018
and 2019 Implementation Strategy



Welcome: A letter from our interim CEO and chief medical officer



When we opened the doors to our new hospital in December 2017, we set in motion another chapter in our long history of groundbreaking firsts and extraordinary care.

As one of the most technologically advanced, family-friendly and environmentally sustainable hospitals for children and expectant mothers, our new building symbolizes our – and our community’s – dedication to delivering the best care to families near and far.

This new chapter of our story would not have been possible without the incredible support of the community we call home.

But opening the new hospital is not the end of our shared story. In fact, it’s just the beginning.

At Lucile Packard Children’s Hospital Stanford we believe that, in an era of tremendous change, children and expectant mothers deserve pre-eminent care – and we believe that our community deserves the same attentive care. Simply put, we believe we have a responsibility to improve the lives of all of us who call the Bay Area home.

That’s why, in FY2018, we’ve continued to focus our Community Health Improvements efforts on three core health initiatives. We’ve sought to:

- Expand access to primary health care services for children, teens and expectant mothers
- Prevent and treat pediatric obesity
- Improve the social, emotional and mental health of children and youth

In 2018, we invested \$244,099,659 in Community Benefit services and activities which includes our Medi-Cal shortfall of over \$212,985,658. While we celebrate the accomplishments of 2018, we understand that there is plenty of work to still be done – both at our hospital and in the community. That’s why we are focused on continued partnership and growing our community efforts. As interim CEO, it is my pleasure to share with you our Community Benefit Report for fiscal year 2018.

Thank you.

A handwritten signature in black ink, appearing to read 'Denny Lund'. The signature is fluid and cursive, written over a horizontal line.

Denny Lund
Interim CEO and Chief Medical Officer

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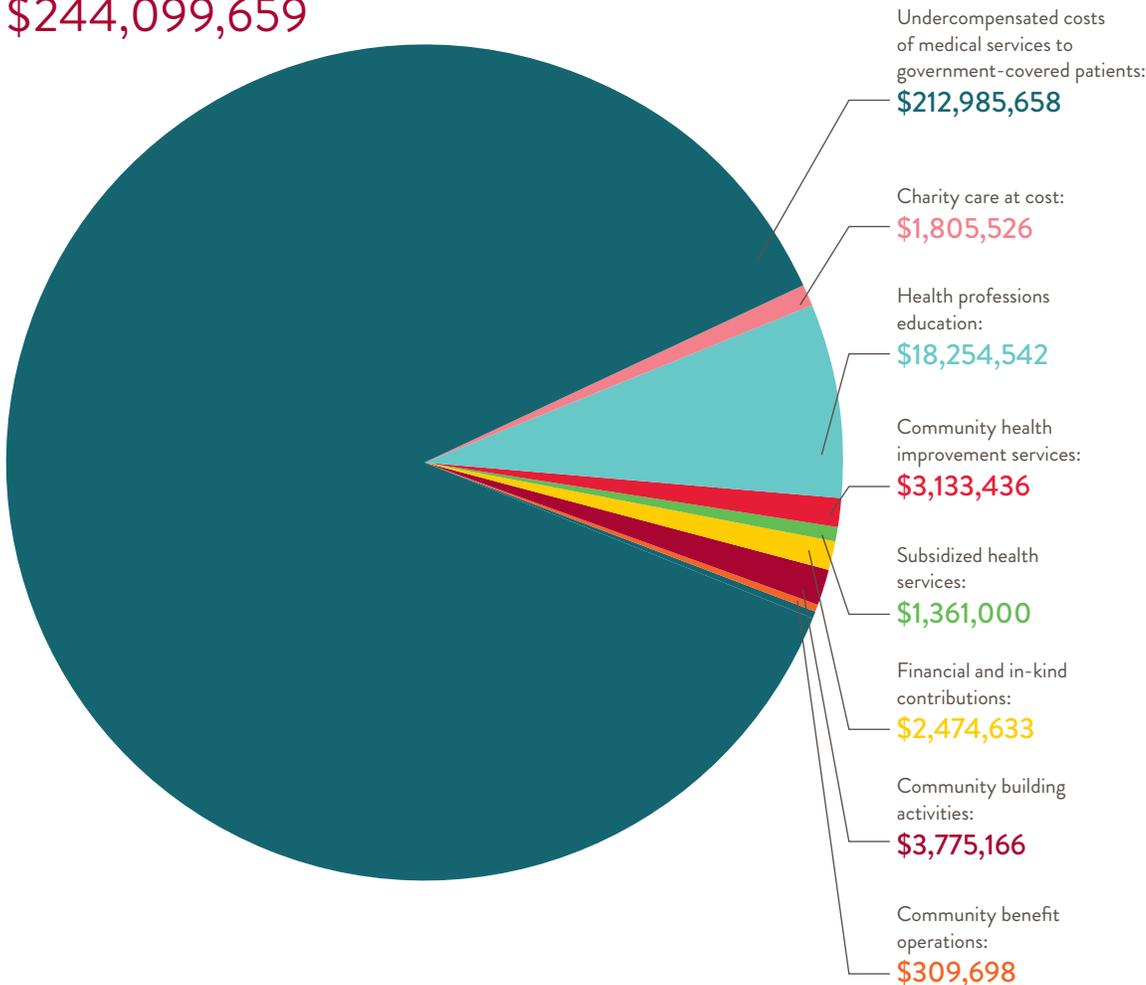
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In FY18, Lucile Packard Children’s Hospital Stanford invested

\$244,099,659

Community Benefit services and activities to improve the health status of infants, children, adolescents and expectant mothers.

Total net value of quantifiable benefits provided to the community:
\$244,099,659



Here is the breakdown of our \$244,099,659 investment:

Financial assistance and charity care: \$214,791,184

- Includes undercompensated costs of medical services for patients enrolled in Medi-Cal, out-of-state Medicaid and other means-tested government programs (Healthy Kids, CCS, CHDP, etc.): **\$212,985,658**
- Charity care: **\$1,805,526**

Health professions education: \$18,254,542

- Resident physicians, fellows, medical student education costs (excludes federal CHGME reimbursement)
- Nurse and allied health professions training
- Pediatric Advocacy Program
- Perinatal outreach and consultation services

Community health improvement: \$3,133,436

- Center for Youth Mental Wellness
- Care-a-Van for Kids
- Child & Family Life
- Child safety programs
- Community health education programs
- HEAL program
- Hospital School
- Housing support
- Mental Health Dissemination and Innovation Initiative
- Mobile adolescent health services — Teen Van
- Pediatric Weight Control Program
- Peninsula Family Advocacy Program
- Practical Assistance for Families
- Project Safety Net and HEARD Alliance

Subsidized health services: \$1,361,000

- Care Coordination Liaisons
- Suspected Child Abuse and Neglect Team

Financial and in-kind contributions: \$2,474,633

- Community clinic capacity building and support
- Community Health Improvement Grants
- Nonprofit sponsorship support

Community building activities: \$3,775,166

- Advocacy for children's health issues
- Marguerite Shuttle
- Economic development activities
- Service club activities
- Support for community emergency management
- Workforce development efforts

Community Benefit operations: \$309,698

- Dedicated Community Benefit staff
- Reporting and compliance costs
- Training and staff development



About us

What started as a free-standing children's hospital has grown to include our network of primary and specialty care locations enhanced by our relationship with Stanford Medicine and made possible through the support of the Lucile Packard Foundation for Children's Health.



**Lucile Packard
Children's Hospital
Stanford**

Nationally ranked and internationally recognized, our 396-bed hospital is devoted entirely to pediatrics and obstetrics. Our seven centers of excellence provide comprehensive services and extensive expertise in key obstetric and pediatric areas: brain and behavior, cancer, heart, pregnancy and newborn, pulmonary, orthopedics and sports medicine, and transplant. We also provide a wide range of multidisciplinary services for babies, kids and expectant mothers.



**Stanford
Children's Health**

Stanford Children's Health is the only health care system in the San Francisco Bay Area — and one of the few in the country — exclusively dedicated to pediatric and obstetric care. Our physicians and health care teams offer comprehensive clinical services, from treatments for rare and complex conditions to well-child care at more than 60 locations across the entire San Francisco Bay Area.



Stanford | MEDICINE

Stanford School of Medicine, one-third of the triad that composes Stanford Medicine, is the West Coast's oldest medical school and a worldwide leader in patient care, education, research and innovation. Lucile Packard Children's Hospital Stanford is proud to be the primary pediatric and obstetric teaching hospital of the Stanford School of Medicine — one of the top-ranked academic medical institutions in the country.



**Lucile Packard Foundation
for Children's Health**

The Lucile Packard Foundation for Children's Health works in alignment with Packard Children's and the child health programs of Stanford University. The foundation's mission is to elevate the priority of children's health and to increase the quality and accessibility of children's health care through leadership and direct investment. The Lucile Packard Foundation for Children's Health works to improve the health and well-being of children and expectant mothers by fundraising on behalf of Packard Children's and child health programs at Stanford School of Medicine.

**Together we are fostering multidisciplinary research,
family-centered care and groundbreaking innovation.**

History

In 1986, David and Lucile Packard generously donated \$40 million to construct a new children's hospital devoted entirely to the care of children and expectant mothers. The hospital opened in 1991 and was named in memory of our visionary, Lucile Salter Packard. Today, we honor her vision through our dedication to delivering innovative services and unparalleled family-centered care.



1919

Our beginning

Stanford Home for Convalescent Children is founded to provide a place for children with chronic illnesses to receive care.

1959

Stanford University Medical Center opens

Stanford University Medical Center opens a 420-bed facility in Palo Alto, moving from San Francisco. The "Con Home" strengthens its teaching and research ties to the medical center and begins providing care for more seriously ill children.



1969

Children's Hospital at Stanford opens

The \$5 million, 60-bed Children's Hospital at Stanford opens, replacing the Stanford Home for Convalescent Children, and further expanding its roles in teaching and research.

1986

Construction on new children's hospital begins

David and Lucile Packard donate \$40 million to begin construction on a new children's hospital.



1991

Lucile Packard Children's Hospital at Stanford officially opens its doors to the community

Packard Children's is one of the only children's hospitals in the country to incorporate labor and delivery and newborn nurseries, setting us up to become a national leader in neonatology research and care.

2017

Our expanded hospital opens

The debut of our new hospital building marks the opening of the United States' most technologically advanced, family-friendly and environmentally sustainable hospital for children and expectant mothers.



2018

The Bonnie Uytensu and Family Surgery and Interventional Center opens

Our state-of-the-art Bonnie Uytensu and Family Surgery and Interventional Center includes a collection of the latest and most advanced imaging and surgical technology dedicated to pediatric patients. It allows us to offer the highest quality, coordinated care available anywhere.

Patient care highlights 2018

At Lucile Packard Children's Hospital Stanford we strive to provide the best, most nurturing care possible for every patient. We emphasize compassionate care and the importance of involving the family in all aspects of a patient's care. This requires both top-ranked clinical care and a stellar hospital experience. Providing extraordinary family-centered care is the ultimate goal of everything our doctors, nurses and specialized support staff do every day.



Centers of excellence

Stanford Children's Health, with Packard Children's at our core, offers comprehensive clinical services, from treatments for rare and complex conditions to well-child care. We provide care in more than 150 medical specialties.

Our internationally recognized Centers of Excellence bring focused care and expertise in key medical services. In the 2017–2018 *U.S. News & World Report* survey of best children's hospitals, we were the only Northern California hospital to rank in all 10 pediatric specialties.



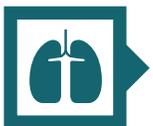
Bass Center for Childhood Cancer and Blood Diseases

Our Stanford Medicine physicians and researchers make discoveries that influence and inspire treatments, at home and around the world.



Brain and Behavior Center

We are one of the fastest growing neurology centers in the United States. Our researchers are known for investigating the rarest of childhood neurological cancers.



Pulmonary and Cystic Fibrosis Center

#1 in California, the best on the West Coast and the only Northern California children's hospital that performs lung transplants.



Betty Irene Moore Children's Heart Center

Home to the only pediatric heart transplant program and the #1 children's heart center in Northern California.



Johnson Center for Pregnancy and Newborn Services

Our physicians provide innovative, extraordinary care for expectant mothers and newborns, and conduct world-leading research.



Transplant Center

We lead the nation in volume of pediatric transplants performed with exceptional outcomes. Over the last 25 years, we have performed more than 1,600 transplants.



Children's Orthopedic and Sports Medicine Center

Our pediatric orthopedic surgeons, physical therapists and athletic trainers form a comprehensive team to give kids the foundation for healthy, active lives.

We'd like to sincerely thank the 2018 members of our Community Benefit Advisory Council:

Janine Bruce	Stanford Pediatric Advocacy Program
Laura Brunetto	Santa Clara County Public Health
Leslie Bulbuk	Office of Assemblyman Marc Berman
Dana Bunnett	Kids in Common
Anand Chabra, MD	San Mateo County Health System
Jessica Chiu	Ravenswood Family Health Center
Anne Ehresman	Project Cornerstone
Alexandria Felton	Silicon Valley Leadership Group
Patricia Gardner	Silicon Valley Council of Nonprofits
Tyler Haskell	Office of Supervisor Joe Simitian
Brooke Heymach	Legal Aid Society of San Mateo County
Cristina Jimenez	Lucile Packard Foundation for Children's Health
Carol Marks	Office of Supervisor Warren Slocum
Lee Pfab	Palo Alto Family YMCA
Anne Ream	Office of Congresswoman Anna G. Eshoo

Healthy communities

Our community

Lucile Packard Children's Hospital Stanford is located on the Stanford University campus in the heart of Silicon Valley. Our growing Stanford Children's Health network reaches far beyond the hospital walls throughout the San Francisco Bay Area and the greater Pacific Northwest. As our organization grows we are committed to expanding and deepening our Community Benefit programs and services. Our focus is on providing exceptional Community Benefit to all the communities we touch, be that in our primary hospital service area or in our growing network service area. Maintaining and improving community health in every community we touch is paramount to our organization's vision and mission.

Community Benefit

For more than 25 years, we at Packard Children's have been committed to improving the health of our community. Providing exceptional services, programs and funding far beyond our hospital walls has been part of the vision and mission of Packard Children's since day one. As part of that original commitment, we provide direct health care services to some of our community's most vulnerable members, and we partner with government and local community-based organizations to fund programs that improve the health of our community. Our annual Community Benefit Report describes this work over the previous fiscal year; it also describes our strategies to achieve improved community health over the coming year.

Financial assistance

At Packard Children's we believe that every family is deserving of quality, nurturing care. We are proud to be part of the safety net that provides care to our community's most vulnerable. As part of our efforts to ensure access to quality health care we provide financial assistance to families who qualify and include those efforts in our Community Benefit valuation under the categories of undercompensated costs of medical care and charity care costs.

To read more about our financial assistance programs please visit financialassistance.stanfordchildrens.org.

Community Benefit oversight

The Packard Children's Board of Directors reviews and approves Community Benefit programs, activities and funding. Our Community Benefit Advisory Council, composed of local community leaders, advises Community Benefit staff throughout the year.

This report was approved by the full board of directors on February 6, 2019.

Community investment

Meeting the needs of vulnerable populations

Despite living in one of the wealthiest regions in the country, many children and families in our community still struggle, and they go without necessary health care services and community support. We know that there are structural factors and conditions that impact health status for members of our community – such as socioeconomic status, education, employment and social support. That’s why our community investment efforts are focused on reaching our community’s most vulnerable populations.

Community Health Needs Assessment

In order to ensure our community’s voice is heard, we embark on an exhaustive Community Health Needs Assessment (CHNA) every three years. We collaborate with local public health departments, hospital partners, community-based organizations and community leaders to conduct the CHNA – while consulting closely with the communities we serve. The data derived from the CHNA process ultimately leads to decisions on how to best use our human and financial resources to improve the health of our community.

Our most recent CHNA can be viewed at communitybenefit.stanfordchildrens.org.

Implementation Strategy Report

Understanding the most pressing health needs of our community is a critical component of our community health improvement efforts. The CHNA is just the first step in a multiyear strategic investment plan. This report, and our existing triennial Implementation Strategy Report, outlines our CHNA-directed community health improvement strategies.

Community Health Initiatives

Our three CHNA-derived Community Health Initiatives for 2017 – 2019 are:

- Improving access to primary health care services for children, teens and expectant mothers
- Preventing and treating pediatric obesity
- Improving the social, emotional and mental health of children and youth

Community Health Improvement Grants

We believe that we can impact the health of our community on an even deeper level when we partner with existing community-based organizations. We are dedicated to investing in local nonprofits through our Community Health Improvement Grants program. Annually, we fund a wide array of programs and projects seeking to improve the health of our community. These activities are described in greater detail in the “Community Health Initiatives” section of this report.

Annual Grantee Collaborative

In 2016, Packard Children’s was determined to deepen the connection between our individual Community Health Improvement Grant partners. In order to do this, we created a full day mini-conference where grantees could focus on building connections among themselves and learn from community health experts in order to foster deeper community collaboration. The Grantee Collaborative is now an annual event and integral component of our overall community health efforts. The content of the day changes annually but the focus remains on creating organizational sustainability through sharing of best practices, expert-led presentations and small group workshops.

Our 2018 Community Health Improvement Grant recipients were:

- 5210+
- Challenge Success
- Gardner Packard Children's Health Center
- Go for Health
- Health Care Alliance for Response to Adolescent Depression (HEARD)
- Legal Aid Society of San Mateo County
- MayView Community Health Center
- Palo Alto Family YMCA – Reach & Rise
- Peer Health Exchange
- Pediatric Weight Control Program
- Project Cornerstone
- Puente
- Ravenswood Family Health Center
- Santa Cruz Community Health Centers
- San Mateo Medical Center
- School Mental Health and Adolescent Suicide Prevention Program
- Stanford Center for Youth Mental Health and Wellbeing
- Stanford Early Life Stress & Pediatric Anxiety Program
- Stanford Pediatric Advocacy Program
- Teen Success Inc.



Community Health Initiatives

Packard Children's conducted a Community Health Needs Assessment (CHNA) between September 2015 and January 2016 in San Mateo and Santa Clara counties in partnership with local public health departments, nonprofit and hospital partners, and community leaders. The purpose of the 2016 CHNA was to provide insight into the health of the community, prioritize local health needs and identify areas for improvement. With the data collected, Packard Children's developed strategies to tackle critical health needs and improve the health and well-being of our community.

The 2016 CHNA prioritized three top-ranking health needs:

Initiative 1:

Improve access to primary health care services for children, teens and expectant mothers

Goal:

Improve access to a comprehensive medical home for children, youth and expectant mothers in our community

Initiative 2:

Prevent and treat pediatric obesity

Goal:

Reduce the prevalence and severity of overweight and obese children by addressing the social determinants of health, by offering evidence-based clinical treatment programs to children and families of the community, and by engaging in advocacy efforts

Initiative 3:

Improve the social, emotional and mental health of children and youth

Goal:

Improve youth mental health through prevention, ensuring adequate access to quality mental health services, and addressing the social determinants of health

Community Health Initiative 1: Improve access to primary health care services for children, teens and expectant mothers

The strategies outlined below will guide our 2019 Community Benefit work.

2019 strategy	Proposed actions
Direct provision of care to vulnerable patients	<ul style="list-style-type: none"> • Provide uncompensated Medi-Cal care • Provide charity care
Increase the availability of health care services for vulnerable children	<ul style="list-style-type: none"> • Provide funding for community-based Federally Qualified Health Clinics • Provide funding for health care services for residents on the San Mateo County coast
Address the socio-economic barriers that prevent vulnerable children from receiving health care	<ul style="list-style-type: none"> • Provide funding for Packard Mobile Adolescent Teen Van • Fund transportation services for children to receive care at hospitals and clinics • Provide funding for Family Advocacy Program
Ensure a future supply of health care providers	<ul style="list-style-type: none"> • Train health care professionals
Address the systemic and institutional barriers to access	<ul style="list-style-type: none"> • Provide ongoing advocacy

Overview

Access to comprehensive, quality health care is crucial for improving overall health status and for increasing the quality of life for all members of our community. Providing quality, accessible and affordable health care to children is critically important for their physical and mental health.

While children are almost universally accessing health care in our community, more than half of children in California lack a medical home, which is higher than the nationwide average. Troubling still, ethnic disparities exist when it comes to health care insurance and access to a medical home. Access and delivery are driven by socioeconomic conditions, such as the social determinants of health, as well as the availability of primary care physicians.

Optimal health care delivery should occur within a medical home — a model of delivering primary care that is accessible, continuous, comprehensive, family-centered,

coordinated, compassionate and culturally effective. In this model, the patient and family are the focal point.

While insurance coverage rates remain near universal for children in our community, we are increasingly concerned by the possibility of the rate of uninsured children rising again. When children have health insurance, they are more likely to receive preventive care and acute care and miss less school, and their families are at less financial risk from unpaid medical bills.

Strategy

Improve access to primary health care services for children and youth ages 0 to 25, and for expectant mothers through support of community health clinics, through funding of health programs and by addressing barriers to care. Interventions will include improved care coordination between health care organizations and systems as well as sustainable adoption and implementation of the medical home model.

Anticipated impact	2019 programs and partners
<ul style="list-style-type: none"> Increased number of children and expectant women served 	Hospital-based
<ul style="list-style-type: none"> Increased number of children and expectant women served Increased care coordination 	Community-based: <ul style="list-style-type: none"> Fair Oaks Community Health Center MayView Community Health Center Puente Ravenswood Family Health Center Santa Cruz Community Clinics
<ul style="list-style-type: none"> Increased number of children and youth served 	Hospital-based Community-based: <ul style="list-style-type: none"> Children’s Health Council El Camino Hospital Jacob’s Heart Legal Aid Society of San Mateo County
<ul style="list-style-type: none"> Increased number of qualified providers in the community focused on community-based practices Standard of care raised 	Hospital-based
<ul style="list-style-type: none"> Systemwide health care improvements for children and families 	Hospital-based



Programs

In 2018 Lucile Packard Children's Hospital Stanford supported the following programs.

Care-A-Van for Kids

Care-A-Van for Kids is a no-cost transportation service for low-income children and families receiving medical treatment at Packard Children's with no reliable means of transportation. Care-A-Van for Kids collaborates with community transportation programs to expand access to low-income patients who travel a long distance and even to out-of-state families.

Total investment: \$156,520

Individuals served: 533

Gardner Packard Children's Health Center

Gardner Packard Children's Health Center, a Federally Qualified Health Center, has lowered health care costs and increased access to health care services for uninsured and underinsured children in our primary service area. The Gardner Packard Health Center is part of our ongoing efforts to increase access to care for our patients and the community. Services provided include: general pediatric care; comprehensive treatment including immunizations, complete physical exams, acute illness and injury care; health education; social services assessment and assistance; mental health counseling; nutrition counseling; and more.

Total investment: \$908,333

Individuals served: 10,320

MayView Community Health Center

MayView Community Health Center, a Federally Qualified Health Center, operates three clinics in the cities of Palo Alto, Mountain View and Sunnyvale with a mission to provide high-quality primary health care to low-income people from all cultural and ethnic backgrounds, regardless of ability to pay. MayView is an essential part of the health care safety net and a medical home for the uninsured in our community. With more than 20,000 visits per year from over 6,000 patients, MayView serves low-income families and individuals who live and work in the northern part of Santa Clara County. Packard Children's partners with MayView to provide prenatal and pediatric care to low-income and uninsured patients.

Total investment: \$50,000

Individuals served: 7,140

Mobile Adolescent Health Services: Teen Van

Stanford Children's Health provides expert care for our community's high-risk kids and young adults ages 10 to 25 through the Mobile Adolescent Health Services program. The multidisciplinary staff of this program provide custom-designed care for those who rely exclusively on the Teen Van as their only link to a network of services and knowledge they urgently need. All services and medications are provided free of charge to the patients. Services include: acute illness and injury care, physical exams, family planning services, pregnancy testing, HIV and STD testing, counseling and treatment, immunizations, mental health services, nutrition counseling, and more.

To learn more and view the Teen Van's locations and schedule, visit teenvan.stanfordchildrens.org.

Total investment: \$644,997

Individuals served: 526

Peninsula Family Advocacy Program

The Legal Aid Society of San Mateo County's Peninsula Family Advocacy Program (FAP) strives to improve the health and welfare of expectant mothers, low-income children and their families. FAP provides no-cost legal representation, advocacy and education to help address underlying causes of poor health among low-income children receiving care in our primary service area. FAP assists community members with medical insurance and financial issues, housing problems, enrolling in public benefits, domestic violence, and enrolling in educational programs; it also provides assistance for teen parents and family caregivers.

Total investment: \$80,000

Individuals served: 3,510

Puente

In the San Mateo County South Coast communities of Pescadero, La Honda, Loma Mar and San Gregorio, Puente is the only community resource center. Puente advocates for its community and leverages resources that foster economic prosperity and security as well as promote individual and community health and wellness. Beginning in fiscal year 2017, Packard Children's partnered with Puente to increase access to primary health care services in the South Coast region.

Total investment: \$70,000

Individuals served: 1,511

Ravenswood Family Health Center

Our long-standing partnership with Ravenswood Family Health Center, a Federally Qualified Health Center, spans multiple services, including pediatric medical and dental visits. By leveraging our financial support and human capital, Ravenswood Family Health Center has been able to expand its culturally competent pediatric services and build capacity for uninsured or underinsured children and mothers in our community.

Total investment: \$369,000

Individuals served: 17,456

Santa Cruz Community Health Centers

Through the Santa Cruz Women's Health Center and the East Cliff Family Health Center, Santa Cruz Community Health Centers (a Federally Qualified Health Center) provides comprehensive primary care services in English and Spanish to all ages, genders, ethnicities, abilities, sexual identities and orientations, regardless of their ability to pay. Santa Cruz Community Health Centers is driven by its originator's 40-year commitment to social justice and access to health care as a human right. Beginning in FY17, Packard Children's partnered with Santa Cruz Community Health Centers to expand access to health care services and to improve care coordination services.

Total investment: \$65,000

Individuals served: 153



In depth: Peninsula Family Advocacy Program



The Peninsula Family Advocacy Program (FAP) improves the health and welfare of low-income children and their families, and expectant mothers through legal representation, advocacy and education to help address underlying causes of poor health among low-income children.

Children living in poverty experience relatively poor health and development outcomes regardless of the quality of health care they receive. While health care providers can recognize and treat the ill effects of poverty on child health, they may lack the resources, knowledge or time to confront its legal and social causes. Legal Aid lawyers, who are trained to address the barriers low-income families confront, are ideal partners for pediatricians. Working alongside health care providers in clinics, lawyers employ legal strategies to improve children's health.

FAP provides free legal services and representation to low-income children and family members from San Mateo County and Santa Clara County whose children are receiving medical care at these sites. *All families regardless of income or county of residence receive referrals to appropriate resources.*

The Peninsula Family Advocacy Program strives to improve the health and welfare of low-income children and their families by:

- Increasing access to legal advocacy, resources and education by providing legal services to patients and their families in health care settings
- Training health care providers to identify their patients' legal needs and to refer families to FAP or other appropriate community agencies
- Addressing policy issues that impact children's health

“At Lucile Packard Children’s Hospital Stanford, we provide care to some of the most medically complex pediatric patients in the country. Many of our families are also often faced with difficulties navigating the systems that may be exacerbating their stress and vulnerability. Our partnership with the Peninsula Family Advocacy Program equips our multi-disciplinary teams to connect families with reliable legal support to effectively navigate these greater systemic issues impacting care. FAP continues to be a strong and reliable advocate for all of our families. We are sincerely grateful for our partnership with FAP and hope that we will be able to continue to offer this quality service to our families. Thank you, FAP!”

— Packard Children’s, Medical Social Worker



Community Health Initiative 2: Prevent and treat pediatric obesity

Overview

Childhood obesity occurs when a child is well above the healthy weight for his or her age and height. Multiple factors often contribute to obesity including poor nutrition, lack of exercise, and the low availability of fresh food and high prevalence of fast food in the physical environment.

Childhood obesity often leads to health problems that were once confined to adults such as diabetes, high blood pressure and high cholesterol. It can also lead to poor self-esteem and depression. For children and adolescents, proper nutrition promotes their optimal growth and development and is associated with improved cognitive function, reduced school absenteeism and improved mood.

The strategies outlined below will guide our 2019 Community Benefit work.

2019 strategy	Proposed actions
Increase schoolchildren’s understanding about the importance of nutrition and exercise	<ul style="list-style-type: none"> • Offer classroom and community-based health curriculum for teachers, students and families
Enable low-income families to access high-quality weight-control programs	<ul style="list-style-type: none"> • Provide financial support for low-income families to attend family-based, clinical weight reduction program
Address the systemic and institutional drivers of obesity	<ul style="list-style-type: none"> • Support state and federal public health initiatives, and advocacy efforts such as Go for Health!



Strategy

Reduce the prevalence and severity of overweight and obese children by promoting healthy nutrition and weight and addressing the social determinants of health.

Anticipated impact	2019 programs and partners
<ul style="list-style-type: none"> • Increased number of children who receive information on healthy lifestyle choices • Improved student behaviors related to nutrition and exercise 	<p>Community-based:</p> <ul style="list-style-type: none"> • 5210+ • Go for Health! • Jóvenes SANOS
<ul style="list-style-type: none"> • Increased participation and completion in weight control programs • Improved weight management of participants • Decreased body mass index 	<p>Hospital-based:</p> <ul style="list-style-type: none"> • Pediatric Weight Control Program
<ul style="list-style-type: none"> • Increased community focus on healthy lifestyle choices • Improvements in the built environment • Decrease in food deserts, etc. 	<p>Hospital-based</p>

Programs

In 2018 Lucile Packard Children's Hospital Stanford supported the following programs.

5210+

Based on an acclaimed national program, 5210+ seeks to improve the health of children and their families using a social marketing message to encourage children to eat fruits and vegetables, participate in active play, reduce screen time, and eliminate consumption of sugary beverages. Research shows the importance of consistent messaging where kids and families live, learn, work and play. 5210+ partners with doctors, teachers, child care providers and community organizations to share healthy habits every day.

Go for Health!

The Go for Health! program is embarking on a journey toward collectively addressing health issues that do not discriminate, while honoring the rich diversity that makes up our communities by working collaboratively to address the epidemic of childhood obesity. The Go for Health! collaborative is focused on reducing obesity by 10 percent by 2020 through policy and environmental change, education and awareness, and leadership development.

Total investment for both 5210+ and Go for Health!: \$65,000

Individuals served: 6,000

Pediatric Weight Control Program

A nationally recognized, evidence-based initiative, the Packard Children's Pediatric Weight Control Program is a family-focused, 26-week behavior modification program for overweight children and their families. Insurance plans do not yet reimburse for weight management programs, so families must pay out of pocket. In response to this, Packard Children's has established a process for families to apply for partial or full financial support based on need. The program is highly successful with over 97 percent of children completing the entire program. Eighty-nine percent of children and 84 percent of their parents saw a significant reduction in weight.

Total investment: \$453,400

Individuals served: 62



In depth: Jóvenes SANOS



Jóvenes SANOS, a project of the United Way of Santa Cruz County, strives to empower, educate and raise awareness about childhood obesity within the community. The development and implementation of new policies shift the local culture through promoting healthy eating and increasing physical activity. Jóvenes SANOS works to build an environment that embraces a culture of health by promoting access to affordable and healthy food options. Jóvenes SANOS is committed to growing a thriving community based on equity and justice.

One innovative community-based project of Jóvenes SANOS, Healthy Corner Markets Project, establishes and maintains relationships with corner market owners, to incorporate healthy food options for community members. Through this project, markets are given a stipend and access to a grocery store consultant, and are offered marketing material for their store. The aim is to build a community that is more conscious of healthy eating habits and that has access to the tools and resources to incorporate those health habits into everyday life.

“With an increase in the rates of childhood obesity, it is crucial for the youth to get involved in promoting a healthier environment. We must be able to identify problems facing youth today from the eyes of the youth themselves.”

– Angel Garcia, high school sophomore, Jóvenes SANOS youth

Community Health Initiative 3: Improve the social, emotional and mental health of children and youth

The strategies outlined below will guide our 2019 Community Benefit work.

2019 strategy	Proposed actions
Provide high-quality mental health services to youth	<ul style="list-style-type: none"> • Continue to provide high-quality services and programs to youth who need them • Provide funding for and participate in community collaboratives addressing mental health issues • Provide funding for suicide prevention resources • Provide funding for ongoing research in collaboration with Stanford School of Medicine
Increase the resiliency of at-risk youth	<ul style="list-style-type: none"> • Provide funding for youth mentoring programs • Provide funding for school-based programs that foster positive youth engagement • Provide funding for school-based programs that build healthy lifestyle choices for youth
Address the systemic and institutional barriers to mental health	<ul style="list-style-type: none"> • Support advocacy efforts
Improve the support structures for youth mental wellness and increase community awareness	<ul style="list-style-type: none"> • Offer community education and free lectures (e.g., maternal depression) • Hold bi-annual youth mental wellness conference • Support Stanford Center for Youth Mental Health and Wellbeing

Overview

The social, emotional and mental health of children and youth continues to be a major concern in our community. Positive mental health is defined as a state of successful performance of mental function, resulting in productive activities, fulfilling relationships with other people, and the ability to adapt to change and to cope with challenges. It is essential to personal well-being, family and interpersonal relationships, and the ability to contribute to the community or to society. Social and emotional health play a major role in people’s ability to maintain good physical health.

In our most recent CHNA, San Mateo County youth reported higher percentages of depressive symptoms for middle and high school students compared with the state. In both San Mateo and

Santa Clara counties, more than one in 10 ninth- and 11th-grade students seriously considered suicide. Community members report concerns about well-being and the need for more education for providers, youth and parents on mental health.

Strategy

Partner with and link health care providers with mental health providers, school professionals and community agencies to increase the emotional and social well-being of children and youth ages 0 to 25.

Anticipated impact	2019 programs and partners
<ul style="list-style-type: none"> • Increased access to mental health treatment • Improved emotional functioning and wellness • Enhanced treatment practices 	<p>Hospital-based:</p> <ul style="list-style-type: none"> • Stanford School of Medicine <p>Community-based:</p> <ul style="list-style-type: none"> • Project Safety Net • HEARD Alliance • Children’s Health Council • El Camino Hospital • Mills-Peninsula Hospital
<ul style="list-style-type: none"> • Increased access to mentors • Youth linked to community resources • Increased positive youth development 	<p>Community-based:</p> <ul style="list-style-type: none"> • Challenge Success • Peer Health Exchange • Project Cornerstone • YMCA Reach & Rise
<ul style="list-style-type: none"> • Increased access to mental health services 	<p>Hospital-based</p>
<ul style="list-style-type: none"> • Reduced mental health stigma • Increased number of education events offered • Expanded collaboration among community stakeholders • Increased linkages to mental health treatment resources 	<p>Hospital-based:</p> <ul style="list-style-type: none"> • Stanford School of Medicine



Programs

In 2018 Lucile Packard Children's Hospital Stanford supported the following programs.

Challenge Success

Challenge Success partners with over 130 middle and high schools to implement policies and practices that increase academic engagement and well-being for their students. Schools send teams of educators, parents and students to an annual fall conference at Stanford University where they hear the latest research on best practices in education and learn from each other how to create effective school reform.

Total investment: \$35,000

Individuals served: 2,665

Hospital Educational Advocacy Liaisons (HEAL)

Children who have survived or are continuing to battle a chronic illness may have to deal with the cognitive effects of their illness and treatment. Returning to some semblance of "normal" is critical for a child's optimal adjustment. An important part of "normal" life for children is continuing their education, whether through homebound teaching or attending school. Unfortunately, parents and children often face new obstacles when a child returns to school. We created the HEAL program staffed by educational professionals to help address a child's educational care. HEAL helps medically fragile children experience success in learning — despite limitations imposed by their illness — by educating students, parents and school staff about the unique cognitive and social and emotional needs of medically fragile children and their impact on school success.

Total investment: \$256,252

The Mental Health Dissemination and Innovation Initiative

The Mental Health Dissemination and Innovation Initiative's activities focus on research into biological and sociological risk factors for stress vulnerability aiming to prevent the outcomes of traumatic events in young children and adolescents, and to mitigate these effects in youth already experiencing functional impairment. The initiative develops and disseminates innovative treatments and interventions for youth with a focus on community engagement.

Total investment: \$131,150

Peer Health Exchange

Peer Health Exchange's mission is to empower young people with the knowledge, skills and resources to make healthy decisions. They do this by training college students to teach a skills-based health curriculum in under-resourced high schools across the country with the ultimate goal of advancing health equity and improving health outcomes for young people.

Total investment: \$50,000

Individuals served: 2,582

Project Cornerstone

An initiative of the YMCA of Silicon Valley, Project Cornerstone helps children and teens thrive by building positive values, promoting meaningful relationships, and teaching skills and experiences that lead to a successful future. Project Cornerstone partners with schools and communities to create positive and caring environments for social and emotional development through trainings for faculty, students, parents and community members. In addition to grant funding, Packard Children's provides support to the Project Cornerstone Advisory Board.

Total investment: \$45,000

Individuals served: 17,338

Project Safety Net and Health Care Alliance for Response to Adolescent Depression (HEARD)

Born out of the 2009 teen suicide cluster in Palo Alto, both of these community efforts seek to improve the emotional and social well-being of youth. The Project Safety Net collaborative formed to develop and implement an effective, comprehensive, community-based mental health plan for youth well-being in Palo Alto. Focusing on education, prevention and intervention, the collaborative is designed to increase help-seeking behaviors and build connections between peers and caring adults that provide a safety net for youth in the community. Like Project Safety Net, the HEARD Alliance was formed as a response to social and emotional challenges facing youth in the Palo Alto community.

The HEARD Alliance is composed of child psychiatrists, nonprofit agencies and school psychologists working to prevent crisis situations and intervene when they may arise. The alliance's goal is to increase awareness of mental disorders, decrease the stigma surrounding them and increase access to treatment. Community partners: City of Palo Alto, Palo Alto Unified School District, Palo Alto PTA, Adolescent Counseling Services, Youth Community Service, Palo Alto Medical Foundation, Developmental Assets Coalition, Palo Alto Family YMCA and the Stanford University Department of Psychiatry.

Total investment for both Project Safety Net and HEARD: \$141,850

Reach & Rise

A project of the YMCA, Reach & Rise is a national one-to-one mentoring program whose goal is to move youth from risk to resiliency. The program helps build a better future for youth by matching them with an adult mentor for one year. Free of cost to families, the program provides trained mentors who work to understand cultural and social development as well as mental health issues and risk factors, and offer ways to communicate and relate to youth. The goal of the program is to help youth gain positive, consistent and nurturing relationships with adults to build self-esteem, improve decision-making skills and school performance, and promote healthy interpersonal relationships.

Total investment: \$35,000

Individuals served: 17

Teen Success Inc.

Teen Success Inc.'s mission is to help underserved teen mothers and their children become educated, self-sufficient, valued members of society. Teen success Inc. does this by empowering and inspiring young mothers to reach their full potential in order to break the cycle of poverty for themselves and their children. The program includes: one-on-one weekly coaching, a teen mothers peer learning group and a competitive scholarship program aimed at helping teen mothers pursue postsecondary education.

Total investment: \$25,000

Individuals served: 155

In depth: Stanford Center for Youth Mental Health and Wellbeing



The Stanford Center for Youth Mental Health and Wellbeing was created out of recognition that U.S. youth are in the midst of a national public health crisis. The center is committed to spearheading a new national vision for adolescent and young adult wellness and mental health support. Clinical and research experts within the Stanford Department of Psychiatry and Behavioral Sciences have laid the groundwork for a national initiative for youth through their expertise in early mental health support, development of self-regulation tools, school mental health and suicide prevention. By creating an innovative health system and a new culture of health for the adolescent and young adult population, Stanford hopes to create a model for the country in how to better support our young people as they navigate the transition to adulthood and realize their full potential.

The need

The data on adolescent health and educational success in the United States is of great concern. High rates of depression, alcohol and drug abuse, teen pregnancy, youth violence, and low college graduation rates compared with other industrialized nations indicate that something is missing in our support for young people. Adolescence has become a perilous rite of passage for many youth. We need a new culture of adolescent well-being across the United States that builds skills, resilience and opportunities for a healthy path into adulthood.

Key facts

- We know that U.S. teens are more stressed than ever before. In a 2013 survey, teens reported higher stress levels than adults and many also reported feeling overwhelmed, depressed or sad as a result of stress.
- Fifty percent of mental health disorders have their onset by the age of 14, and 75 percent emerge before the age of 25 (Kessler et al, 2005).
- The adolescent brain is especially malleable to both positive and negative influences, and the period from 12 to 25 is the last critical opportunity to affect the healthy development of our young people (Steinberg, 2014).

Core components

The Stanford Center for Youth Mental Health and Wellbeing is built on three core components:

1. Early mental health support and exceptional clinical care
2. Educational and community partnerships
3. Mental health and technology program

“I see these centers as the missing piece of transforming the youth experience of seeking mental health services and I cannot fathom a more impactful cause to place resources and effort.”

– Local high school student and Youth Advisory Group member



Other 2018 Community Benefit activities

Programs that benefit the broader community

Community health education

Our commitment to family wellness and preventive care is demonstrated through our health education classes and community lectures held at the hospital and throughout the Bay Area. We offer programs and support groups to enhance the lives of parents and children. Our prenatal, infant, and child classes are designed to guide and support families through pregnancy, childbirth, and the first few months of a growing family. Our pre-teen, teen and parent classes offer lessons on key topics of puberty, body changes, and communication for parents and their children through adolescence. In addition, our community lectures provide education from our clinical experts at Stanford Children's Health to help our families and community stay updated on how to keep their children safe and healthy.

Learn more at classes.stanfordchildrens.org.

Total investment: \$26,699 in free or subsidized classes

Individuals served: 20,516

Emergency preparedness

Packard Children's plays a critical role in disaster preparedness in our community. Our shared Office of Emergency Management collaborates with local governments, other regional hospitals, emergency medical services providers and others to respond to and mitigate catastrophic events such as pandemic flu, earthquakes and other disasters. Our Office of Emergency Management provides critical supplies and emergency medical equipment in the case of an emergency.

Total investment: \$18,414

Marguerite shuttle

As part of our commitment to the community, Packard Children's provides support to Stanford University's Marguerite shuttle service with the aim of providing access to transportation to individuals in our community who otherwise would lack access and to alleviate the negative effects of congestion. Marguerite provides public shuttle service around the Peninsula and connects to nearby transit, shopping, dining and entertainment centers. The service is free and open to the public.

Total investment: \$2,865,000

Keeping kids safe

Child Safety and Outreach Program

Packard Children's is dedicated to preventing injuries in children. With ongoing support from Kohls Cares, the program plays a key role in reducing harm to Bay Area children. Our bilingual staff provide car, in-home safety, and bike and pedestrian safety education at the hospital and in the community across the region.

Safely Home car seat fitting program

With four out of five child safety seats being used incorrectly, inspections by a certified technician are vital to keeping our kids safe. Through our Child Passenger Safety Program, Lucile Packard Children's Hospital Stanford provides parents and caregivers the education they need to keep their children safe in the car.

Certified child passenger safety technicians offer the following assistance to parents and caregivers:

- Ensure that their child's car seat has not been recalled
- Advise on how to choose an age, height and weight appropriate car seat
- Instruct and demonstrate how to install and use the appropriate car seat in the vehicle
- Instruct and demonstrate how to correctly place a child in the appropriate car seat
- Answer any questions parents or caregivers may have regarding child passenger safety

Safe Kids

Lucile Packard Children's Hospital Stanford is the host agency for Safe Kids Santa Clara/San Mateo Coalition. Safe Kids Worldwide is a global network of organizations whose mission is to prevent accidental childhood injury, a leading killer of children 14 and under. Safe Kids Santa Clara/San Mateo Coalition is one of more than 450 coalitions worldwide working in 16 different countries.

Total investment: \$239,975

Individuals served: 34,220





Spotlight: Childhood Injury Prevention Program

The Childhood Injury Prevention Program at Lucile Packard Children's Hospital Stanford plays a key role in reducing the number of childhood injuries in the Bay Area.

Thanks to the generous support of Kohl's Cares, the Childhood Injury Prevention Program at Lucile Packard Children's Hospital Stanford provides safety education and resources to children and families both in the hospital and in our community. Through collaboration with the Pediatric Trauma Program, the Injury Prevention team addresses the leading mechanisms of injury facing children in our community with programming around child passenger safety, pedestrian and bike safety, falls, and safe sleep.

Child passenger safety

To ensure that all children are traveling safely in cars, the Safely Home Child Passenger Safety Program is dedicated to assisting and educating parents on proper car seat fit and installation techniques. With the support of bilingual certified child passenger safety technicians on staff and volunteer technicians in our community, the program provides a daily car seat fitting station for patient families, free monthly car seat check-up events in the community, a monthly car seat education class for expectant parents, as well as trainings and continuing education for child passenger safety technicians in the Bay Area.

Pedestrian and bike safety

To help the children in our community to bike and walk safely, our pedestrian/bike safety program was developed to provide a unique opportunity for kids to learn how to stay safe in a realistic environment. Safetyville, a kid-friendly mobile town complete with a hospital, school, library, traffic lights, crosswalks, stop signs and more, travels to various community events to teach kids pedestrian and bike safety skills.

Supporting new parents

The Childhood Injury Prevention Program partners with local programs to provide education to expecting and new parents. The program collaborates with Nurse Family Partnership in San Mateo County, which works with young mothers in the first two trimesters of their pregnancy and follows them until their child turns 2 years old. Stanford Children's Health hosts quarterly safety education classes for NFP participants, where they are provided with education on child passenger safety, safe sleep, and in-home safety.

Safe Kids Coalition

As a leader in children's health in our community, Lucile Packard Children's Hospital Stanford also serves as the host agency for the Safe Kids Santa Clara/San Mateo Coalition. The coalition network brings together local public and private agencies, health care professionals, educators, and business leaders that work collaboratively to keep children safe through a variety of prevention activities and events.

“Packard is committed to keeping the kids in our community safe. Our job isn't just to treat injuries, but to prevent them from happening in the first place.”

— Stephanie Chao MD, trauma medical director

Advocacy and outreach

Advocacy for children's health

As part of our mission, Packard Children's advocates on behalf of children, teens and expectant mothers before governmental bodies to ensure that all children and their families have access to quality care. Our advocacy includes educating the community and policy leaders on the health needs of children and expectant mothers, being involved in legislation that affects children's health, and working with physicians as they advocate for their patients and families.

Total investment: \$462,455

Packard Children's is committed to the principle that all members of our community deserve access to high-quality health care services. As we traverse uncertainties in our nation's health care system, we continue to prioritize advocating on behalf of kids and expectant mothers.

Lucile Packard Children's Hospital Stanford leadership on boards and committees

Members of our leadership team and faculty play a pivotal role across the nation with nonprofit groups. Some of the organizations are listed below:

- Abilities United
- Health Plan of San Mateo
- Health Improvement Partnership
- Jacob's Heart Children's Cancer Support Services
- Kids in Common
- March of Dimes
- National Collaborative on Childhood Obesity Research
- Project Cornerstone
- Ravenswood Family Health Center
- Ronald McDonald House
- Santa Clara Family Health Plan
- Santa Cruz County Community Assessment Project
- San Mateo County Health System – Nurse Family Partnership



Santa Clara County Children's Agenda

Packard Children's is an active supporter of the Kids In Common Children's Agenda. The Children's Agenda, a project of Planned Parenthood of Mar Monte, provides a common framework to ensure every child is safe, healthy, successful in learning and successful in life. A member of our faculty serves as co-chair and sits on the vision council.

The Children's Agenda goals are to ensure:

- Children are physically, socially and emotionally healthy
- Children are prepared for and are successful in school
- Children live in safe and stable homes and communities

Project SEARCH

In 2012, Packard Children's, through a partnership with Palo Alto Unified School District, began to participate in Project SEARCH to help young adults with developmental disabilities find jobs and internships in order to build their careers. Participants work with our hospital for one year with the goal of gaining hands-on experience and training. Participants gain real experience in several departments including: human resources, housekeeping, patient financial services, respiratory services, the gift shop, food services and patient access services. Project SEARCH interns complete their rotations with the goals of working 80 percent independently and learning valuable career skills that will be useful in their search for full-time employment.

Community partners: Palo Alto Unified School District, Hope Services

Total investment: \$226,851

Individuals served: 15

Chambers of commerce, regional economic development associations and service clubs

As part of our ongoing advocacy efforts and as a major regional employer, leaders at Packard Children's play an active role in the following local and regional organizations working to build economic vitality and ensure improvements in the social determinants of health for all residents:

- Chambers of commerce: Palo Alto, Menlo Park, Redwood City, Mountain View, Sunnyvale, Los Altos, San Jose/Silicon Valley, Santa Cruz, Capitola, Berkeley, Fremont and Walnut Creek
- Regional economic development associations: Silicon Valley Leadership Group, Joint Venture Silicon Valley, San Mateo County Economic Development Association, Innovation Tri-Valley Leadership Group, SPUR
- Service clubs: Rotary Club of Palo Alto

Total investment: \$92,070

Nonprofit sponsorship support

Another way we show our support for community organizations is by providing valuable financial contributions to their fundraising efforts through sponsorship of events that support their mission and align with our CHNA-derived Community Health Improvement Initiatives. This support allows local nonprofit organizations to leverage our initial funding to raise funds for programs and activities that complement our mission and improve the health of the community.

Total investment: \$176,620

Workforce development: Programs that train the next generation of health professionals

Residency and fellowship training

Packard Children's is one of the top destinations for physician training for students from the Stanford School of Medicine. We provide clinical training for medical students, residents and fellows from the Stanford School of Medicine through our pediatric residency training program. Our pediatric residency program began more than two decades ago with the goal of training the doctors of the future through a robust and well-rounded program with emphasis on advocacy and community service. During this time, the number of residents and post-resident fellowship opportunities has significantly increased. We also provide training for students and fellows in nursing, pharmacy, social work, audiology, occupational and physical therapy, and clinical nutrition.

Nurse and allied health professionals training

Packard Children's is committed to training the many professionals who make exceptional family-centered care possible. This includes nursing students and allied health professionals such as: social work fellows, audiology professionals, pharmacists, clinical nutritionists and others.

Total investment: \$958,650

Individuals served: 160

Pediatric Advocacy Program

The Pediatric Advocacy Program at Packard Children's provides pediatric residents with opportunities to:

- Learn about critical community agencies and resources through the Community Pediatrics and Child Advocacy Rotation
- Support local community partners in their efforts to address pressing child health needs through the longitudinal Stanford Advocacy Track (StAT)
- Promote child health and well-being through community-driven systems and policy change

Total investment: \$81,000

Mid-Coastal California Perinatal Outreach Program (MCCPOP)

The Mid-Coastal California Perinatal Outreach Program (MCCPOP), funded in part by the State of California, seeks to improve birth outcomes through education, consultation and collaboration. MCCPOP provides obstetrical and neonatal education to health care providers in San Mateo, Santa Clara, Santa Cruz, San Benito, Monterey and San Luis Obispo counties. MCCPOP advocates for exceptional family-centered care in affiliated hospitals. MCCPOP is a partnership of the Department of Pediatrics, Division of Neonatal and Developmental Medicine at Stanford University; the Johnson Center for Pregnancy and Newborn Services at Packard Children's; and 25 hospitals in six counties.

Total investment: \$232,503

Individuals served: 975

Cristo Rey San Jose Work Study Program

As part of our efforts to improve the social determinants of health in our community, Lucile Packard Children's Hospital Stanford partners with Cristo Rey San Jose Jesuit High School to provide workforce development training to high school students in need. Students perform learn a range of tasks from administrative to research that helps prepare them for college and beyond.

Total investment: \$110,376

Individuals served: 8



Spotlight: Revive – Initiative for Resuscitation Excellence

The Revive Initiative's mission is to provide health care professionals and bystanders in our communities the life-saving skills needed to promote the best neurological outcomes in the event of an infant or child suffering a respiratory or cardiopulmonary arrest.

The most comprehensive component of Revive encompasses all stakeholders, including parents, bystanders with CPR training, community pre-hospital first responders, and our Packard Children's staff and faculty. Revive teaches first responders and code team members how to recognize and initially treat and manage patients who are in trouble. It also provides them with ongoing practice and simulations in their actual environment to familiarize them with emergency equipment and resuscitation skills in these infrequent but extremely high-risk events. These educational endeavors support early intervention and improve team competency when a patient's condition has deteriorated. Finally, the Revive Initiative provides Pediatric Advanced Life Support courses – which include education, training and integrated simulation – and Basic Life Support courses to hundreds of hospital and community health care professionals annually at our AHA Training Center.



Caring for more families: The new Bonnie Uytensu and Family Surgery and Interventional Center

Lucile Packard Children's Hospital Stanford has opened a new surgical center, marking a key milestone in the hospital's expansion since we opened the doors of our new main building in December 2017.

The Bonnie Uytensu and Family Surgery and Interventional Center includes six new surgical suites and six interventional treatment rooms with radiology and cardiac catheterization labs. The center provides the most advanced surgical, interventional and hybrid technologies available anywhere to our community's hospital.



When the existing seven operating rooms — currently undergoing upgrades — open, the hospital will have a total of 13 cutting-edge dedicated pediatric operating rooms. The most in any Northern California children's hospital, the operating rooms will nearly double our capacity for surgical procedures and enable us to perform an estimated 6,000 additional surgeries annually.

The new surgical center weaves powerful new imaging technologies into the operating suites, interventional radiology rooms, cardiac catheterization labs and hybrid suites — improving real-time navigation as well as enabling the immediate evaluation of a procedure's success, all of which improve patient care.

As an academic teaching hospital, we are in the unique position to be collaborating with top minds and fostering groundbreaking research. Much of the state-of-the-art medical technologies were developed and pioneered right here at Stanford in collaboration with the tech industry. And, because we are part of the Stanford academic medical center, we are an active partner in translational medicine, where insights in a research laboratory can be rapidly transferred to patient care.

The new surgery center is part of the greater Treatment Center at Packard Children's, which also includes the state-of-the-art Cynthia Fry Gunn and John A. Gunn Imaging Center that opened in December 2017. With the new surgical suites open, our children's hospital now has pediatric nuclear medicine, interventional radiology and surgical facilities all under one roof.

Comprehensive care network

We are more than an award-winning hospital. We offer comprehensive health care for kids and expectant mothers in more than 60 locations across the Bay Area through pediatric and obstetric services, specialty locations and partnerships with community hospitals.

Hospital partnerships and affiliations

Stanford Children's Health has a close relationship with hospitals throughout the Bay Area and beyond to support and provide the best pediatric and obstetric care close to where our patients live.

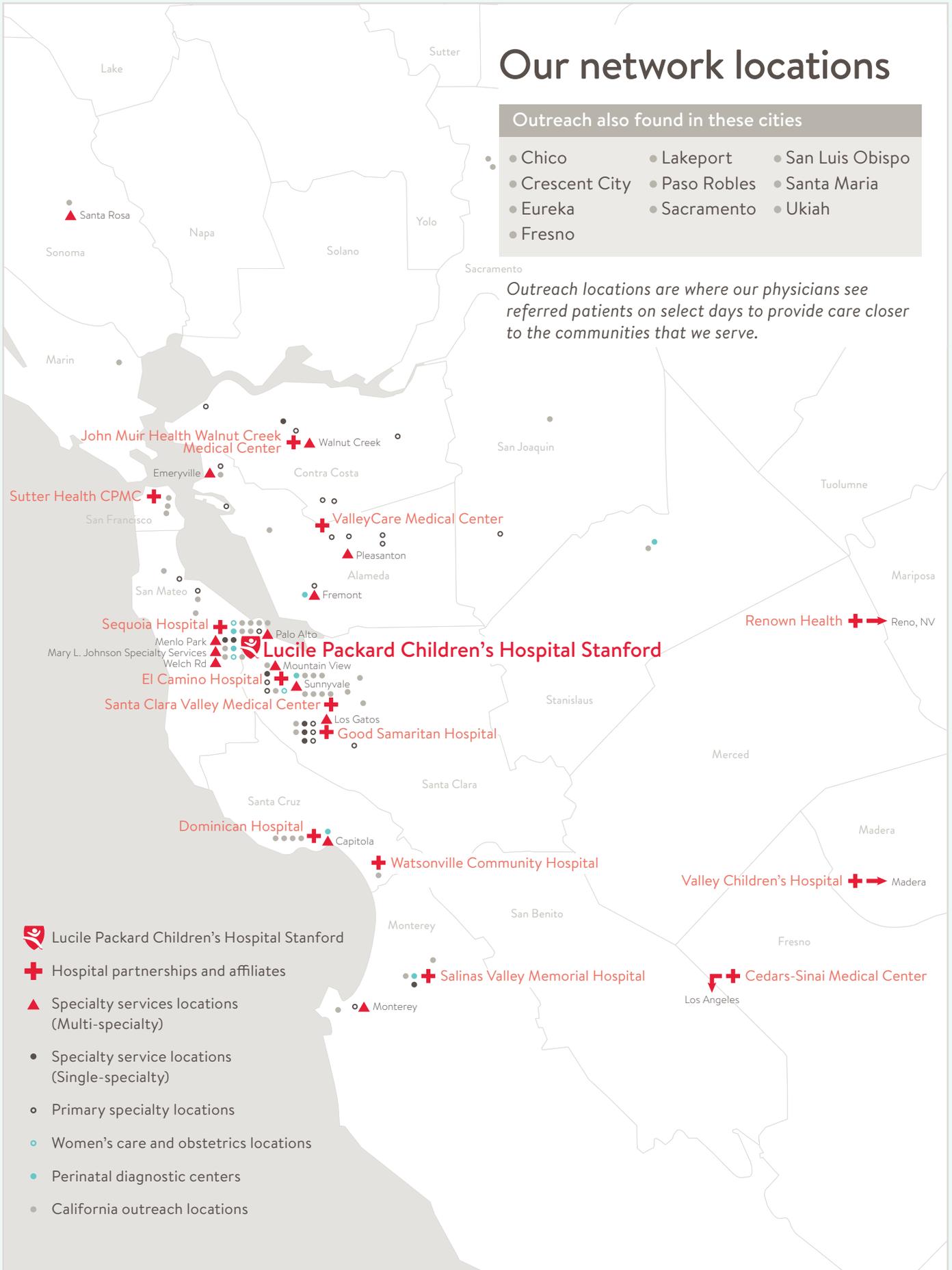


Our network locations

Outreach also found in these cities

- Chico
- Crescent City
- Eureka
- Fresno
- Lakeport
- Paso Robles
- Sacramento
- San Luis Obispo
- Santa Maria
- Ukiah

Outreach locations are where our physicians see referred patients on select days to provide care closer to the communities that we serve.



 Lucile Packard Children's Hospital Stanford

 Hospital partnerships and affiliates

 Specialty services locations (Multi-specialty)

● Specialty service locations (Single-specialty)

○ Primary specialty locations

● Women's care and obstetrics locations

● Perinatal diagnostic centers

● California outreach locations

Lucile Packard Children’s Hospital Stanford

PALO ALTO Lucile Packard Children’s Hospital Stanford 725 WELCH RD

Specialty services locations (multi-specialty) ▲

CAPITOLA	Specialty Services – Capitola	824 BAY AVE
EMERYVILLE	Specialty Services – Emeryville	6121 HOLLIS ST
FREMONT	Specialty Services – Fremont	2299 MOWRY AVE
LOS GATOS	Specialty Services – Los Gatos	14601 S BASCOM AVE
MENLO PARK	Specialty Services – Menlo Park	321 MIDDLEFIELD RD
MONTEREY	Specialty Services – Monterey	1900 GARDEN RD
MOUNTAIN VIEW	Specialty Services – Mountain View	1174 CASTRO ST
PALO ALTO	Children’s Services Watson Ct – Palo Alto	2452 WATSON CT
PALO ALTO	Mary L. Johnson Specialty Services	730 WELCH RD
	Aerodigestive	
	Allergy and Immune Deficiency	
	Audiology	
	Cardiology	
	Cleft and Craniofacial Center	
	Craniosynostosis and Plagiocephaly	
	Dermatology	
	Developmental Pediatrics	
	Ear, Nose, and Throat (ENT), Voice and Swallow Program	
	Eyes and Vision	
	Gastroenterology, Hepatology, and Nutrition	
	General Surgery	
	Genetics	
	Hand and Upper Limb Surgery	
	Infectious Diseases	
	Intestinal and Liver Transplant	
	Laboratory Services	
	Neurology	
	Neurosurgery	
	Orthopedics	
	Plastic Surgery	
	Radiology	
	Rheumatology	
	Spasticity	
PALO ALTO	Specialty Services – Welch Rd	770 WELCH RD
	Cystic Fibrosis	
	Dermatology	
	Kidney	
	Kidney Transplant	
	Lung Transplant	
	Obstetrics	
	Pulmonology and Cystic Fibrosis	
PLEASANTON	Orthopedics – Pleasanton	5000 PLEASANTON AVE
SANTA ROSA	Specialty Services – Santa Rosa	990 SONOMA AVE
SUNNYVALE	Specialty Services – Sunnyvale	1195 W FREMONT AVE
WALNUT CREEK	Specialty Services – Walnut Creek	106 LA CASA VIA

Specialty services locations (Single-specialty) ●

LOS GATOS	Los Gatos Orthopedic Clinic.	555 KNOWLES DR
LOS GATOS	Pediatric Cardiology Associates – Los Gatos	14651 S BASCOM AVE
LOS GATOS	Pediatric Gastroenterology – Los Gatos	14777 LOS GATOS BLVD
PALO ALTO	Child and Adolescent Mental Health	401 QUARRY RD
PALO ALTO	Outpatient MRI Center	732 WELCH RD
PLEASANT HILL	Diablo Valley Child Neurology	400 TAYLOR BLVD
SALINAS	Pediatric Cardiology Associates – Salinas	258 SAN JOSE ST

Primary care locations ○

ALAMEDA	Bayside Medical Group – Alameda	1359 PARK AVE
BERKELEY	Bayside Medical Group – Berkeley	2915 TELEGRAPH AVE
BRENTWOOD	Bayside Medical Group – Brentwood	100 CORTONA WAY
FREMONT	Bayside Medical Group – Fremont	2299 MOWRY AVE
BURLINGAME	Peninsula Pediatric Medical Group – Burlingame	1720 EL CAMINO REAL
LIVERMORE	Bayside Medical Group – Livermore	1134 MURRIETA BLVD
LIVERMORE	Livermore Pleasanton San Ramon	1133 E STANLEY BLVD
	Pediatrics – Livermore	
LOS ALTOS	Altos Pediatric Associates	842 ALTOS OAKS DR
LOS GATOS	South Bascom Pediatrics	15899 LOS GATOS-ALMADEN RD
MENLO PARK	Peninsula Pediatric Medical Group – Menlo Park	103 GILBERT AVE
MONTEREY	Pediatric Group of Monterey	1900 GARDEN RD
MOUNTAIN VIEW	Juvvadi Pediatrics	2204 GRANT RD
PINOLE	Bayside Medical Group – Pinole	2160 APPIAN WAY
PLEASANTON	Bayside Medical Group – Pleasanton	5720 STONERIDGE MALL RD
PLEASANTON	Livermore Pleasanton San Ramon	5575 W LAS POSITAS BLVD
	Pediatrics – Pleasanton	
SAN JOSE	Pediatric Associates – Samaritan Dr	2577 SAMARITAN DR
SAN JOSE	Pediatric Associates – Camden Ave	6475 CAMDEN AVE
SAN JOSE	Silicon Valley Pediatricians	2505 SAMARITAN DR
SAN MATEO	Peninsula Pediatric Medical Group – San Mateo	50 S SAN MATEO DR
SAN RAMON	Bayside Medical Group – San Ramon	5601 NORRIS CANYON RD
SAN RAMON	Livermore Pleasanton San Ramon	11030 BOLLINGER CANYON RD
	Pediatrics – San Ramon	
TRACY	Bayside Medical Group – Tracy	4598 S TRACY BLVD
WALNUT CREEK	Bayside Medical Group – Walnut Creek	1776 YGNACIO VALLEY RD

Perinatal diagnostic centers ●

FREMONT	Perinatal Diagnostic Center – Fremont	2147 MOWRY AVE
MODESTO	Perinatal Diagnostic Center – Modesto	1401 SPANOS CT
MOUNTAIN VIEW	Perinatal Diagnostic Center – Mountain View	2485 HOSPITAL DR
PALO ALTO	Perinatal Diagnostic Center – Palo Alto	725 WELCH RD
REDWOOD CITY	Perinatal Diagnostic Center – Redwood City	2900 WHIPPLE AVE
SALINAS	Pediatric Diagnostic Center – Salinas	212 SAN JOSE ST
SANTA CRUZ	Perinatal Diagnostic Center – Santa Cruz	1685 COMMERCIAL WAY

Women’s care and obstetrics locations ○

MOUNTAIN VIEW	Altos Oaks Medical Group	2485 HOSPITAL DR
PALO ALTO	Women’s Health – Palo Alto	211 QUARRY RD
REDWOOD CITY	Women’s Care Medical Group	2900 WHIPPLE AVE

Hospital partnerships and affiliates +

LOS ANGELES	Cedars-Sinai Medical Center	8700 BEVERLY BLVD
MADERA	Valley Children’s Hospital	9300 VALLEY CHILDRENS PL
MOUNTAIN VIEW	El Camino Hospital	2500 GRANT RD
	Packard at El Camino (PEC) Unit	
PLEASANTON	Stanford Health Care ValleyCare Medical Center	5555 W LAS POSITAS BLVD
REDWOOD CITY	Dignity Health, Sequoia Hospital (Special Care Nursery)	170 ALAMEDA DE LAS PULGAS
RENO, NV	Renown Health	1155 MILL ST
SALINAS	Salinas Valley Memorial Hospital (NICU)	450 E ROMIE LN
SAN FRANCISCO	Sutter Health CPMC	3700 CALIFORNIA ST
SAN JOSE	Good Samaritan Hospital	2425 SAMARITAN DR
SAN JOSE	Santa Clara Valley Medical Center	751 S BASCOM AVE
SANTA CRUZ	Dignity Health, Dominican Hospital	1555 SOQUEL DR
WALNUT CREEK	John Muir Health Walnut Creek Medical Center	1601 YGNACIO VALLEY RD
WATSONVILLE	Watsonville Community Hospital	75 NIELSON ST

725 Welch Rd.
Palo Alto, CA 94304



Lucile Packard
Children's Hospital
Stanford

Find us



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