

Alameda County Community Resources



Every child deserves a medical home.

California Children Services (CCS)

Specialized medical care for children with eligible conditions (0 up to age 21).

510 208-5970

Child Care Referrals

Listings of child care and preschool programs as well as subsidy information. Head Start (HS) and Early HS referrals also available through these resource & referral agencies.

North County

510 658-0381

South County

510 582-2182

East County

925 417-8733

Child Health Coverage

Checkups/Immunizations and treatment for low income children (0 up to age 19; 21 if Medi-Cal).

Medi-Cal

888 747-1222

Alameda County

510 618-2070

Child Health & Disability Prevention (CHDP)

Berkeley CHDP

510 981-5300

Dental Care (Denti-Cal)

Referrals to dental services for Medi-Cal eligible children (under age 21).

Denti-Cal Application Help

800 322-6384

Alameda Co. Healthy Smiles

510 208-5910

Family Crisis

Services to parents, caregivers & children needing support, legal services or crisis intervention.

Family Paths (Parental Stress Services)

800 829-3777

Family Violence Law Center

510 208-0255

Family Resource Navigators (FRN)

Free information, referral services, advocacy and parent to parent support for children with disabilities or special health care needs (0 up to age 22).

510 547-5322

Health Services

VISION: UCB Optometry/Special Visual Assessment Clinic (SVAC)

510 642-2020

HEARING: Center for Early Intervention of Deafness (CEID)

510 848-4800

UCSF Benioff CHO Speech and Language

925 979-3470

DEVELOPMENTAL ASSESSMENTS: UCSF Benioff CHO Child Development Center

510 428-3351

Help Me Grow

Provides free and confidential support in early childhood development, promotes early identification of developmental concerns & helps families access resources (0 up to age 5).

888 510-1211

Mental Health/Drug & Alcohol Abuse

Evaluations and services for those with mental health, drug or alcohol problems (all ages).

Alameda Co. Behavioral ACCESS

800 491-9099

Thunder Road (substance abuse)

510 653-5040

Nutrition & Supplemental Food Programs

Nutrition and breastfeeding counseling, food vouchers, breast pump loans to low income pregnant or nursing women, infants and children (0 up to age 4) through WIC.

Alameda Co. WIC

510 595-6400

Toll Free WIC

888 942-9675

Berkeley WIC

510 981-5360

Alameda Co. Food Bank Helpline

800 870-3663

Public Health & Other Resources

Information about health referrals.
General county assistance referrals.

Alameda Co. Family Health

888 604-4636

Berkeley Info & Referral Line

510 981-5300

211 Line for Alameda

211

Regional Center of the East Bay (RCEB)

Services for those with developmental disabilities (all ages).
"Early Start" provides services for children (0 up to age 3) with developmental concerns (see back side).

RCEB Main

510 618-6122

Early Start

510 618-6195

Special Education

Alameda Co. Office of Education

510 887-0152

Local Plan Areas (SELPAS)

Support/oversee special education services delivered by Local Education Agencies (LEAs- public school districts) to IDEA-eligible students with special needs (3 up to age 22); (0 up to age 22) with Low Incidence disability.

Alameda/Albany/Berkeley/Emeryville/Piedmont

510 525-9805

Oakland

510 879-8100

Castro Valley/Hayward/San Leandro/San Lorenzo

510 537-3000

New Haven/Newark/Fremont

510 659-2563

Dublin/Livermore/Sunol Glen/Mountain House

925 426-9144

Elem./Pleasanton

Supplemental Security Income (SSI)

Cash assistance and Medi-Cal to low-income disabled individuals (all ages).

800 772-1213



Agencies	Eligibility	Income Requirements	Services
California Children Services (CCS) (510) 208-5970	<ul style="list-style-type: none"> • 0 up to age 21 • Children and youth with physical injuries, illness, or disabilities (see CCS diagnosis below) 	<ul style="list-style-type: none"> • For diagnostics, PT & OT: no income requirements • For coverage of CCS condition, income less than \$40,000 • If medical expenses greater than 20% family income 	<ul style="list-style-type: none"> • Diagnostic services • High Risk Infant Program • All services which apply to condition: doctors, hospital, surgery, PT, OT, lab tests, x-rays, orthopedic & medical equipment, case management including transportation and maintenance
County Mental Health (800) 491-9099	<ul style="list-style-type: none"> • Life Span • Children/Youth with full scope Medi-Cal (0 up to age 21) • Children/Youth in Healthy Families Program (0 up to age 19) • Special education referrals from schools (0 up to age 22) 	<ul style="list-style-type: none"> • Medi-Cal or Healthy Families income limits • No income limits if referred by school system 	<ul style="list-style-type: none"> • Outpatient assessment or psychological evaluation & referral to community practitioners • All services required of an IEP including day & residential treatment as necessary • Psychological emergency services (for a fee, if not covered by insurance)
Early Start (510) 618-6195 (RCEB # for ages 0-3)	<ul style="list-style-type: none"> • 0 up to age 3 • Presenting with significant developmental delay • Diagnosed physical or mental condition that has a high probability of resulting in a developmental delay • 0-3 year olds who are at "high risk" for delays in development based on high risk criteria 	<ul style="list-style-type: none"> • For specific health care services identified in the IFSP, families are required to use their private insurance or health care service plan; Regional Center remains "payer of last resort" 	<ul style="list-style-type: none"> • Intake / Assessment • Diagnostic services • Case management • Monitoring • Nursing • OT & PT • Respite • Assistive devices / services • Audiology services • Family training, counseling, home visits • Some health services • Special instruction • Speech/Language services • Transportation • Vision services • Referral for generic services • Nutritional counseling • Psychological services • Social Work services
Family Resource Navigators (FRN) (510) 547 -5322	<ul style="list-style-type: none"> • Ages 0 up to 22 years • All families and/or caregivers of special needs children residing in Alameda County 	<ul style="list-style-type: none"> • No income limits 	<ul style="list-style-type: none"> • Parent to parent support for families of children with special health and developmental needs including children who are at "high risk" for delays • Free information and referral services to generic agencies • Family navigation of services • Quarterly newsletter • Resource library • Training & Advocacy
Regional Center of the East Bay (RCEB) (510) 618 - 6122 (# for ages 3 & up)	<ul style="list-style-type: none"> • Life Span • Developmental disabilities including retardation, cerebral palsy, epilepsy, autism 	<ul style="list-style-type: none"> • No income limits • Family Cost Participation (FCPP) required on respite, daycare and camping (3–18) services for families over 400% of Federal Income Guidelines (FIG) [also known as Federal Poverty Level, or FPL] and whose children are ages 0 up to age 18. 	<ul style="list-style-type: none"> • Non-medical services, mostly case-management • Family support, respite, crisis intervention, special living arrangements, community integration • Interpreter/translator, advocacy, transportation vouchers • Assessment, rehabilitation and training, treatment, therapy, prevention, special equipment (usually as payer of "last resort")
Special Education Local Plan Area (SELPA)	<ul style="list-style-type: none"> • Ages 0 up to 22 years • District assessment process determines eligibility • Disability categories: autism; deafness; deaf-blind; emotional disturbance; hearing impairment; mental retardation; multiple disability; orthopedic impairment; other health impairment; specific learning disability; speech/language impairment; traumatic brain injury; visual impairment, including blindness • AND who needs special education to benefit from public education • Early Start eligible: Solely Low Incidence (SLI) - hearing, visual and orthopedic impairments 	<ul style="list-style-type: none"> • No income limits • Free and Appropriate Public Education (FAPE) at no cost to the parents, in the Least Restrictive Environment (LRE). 	<ul style="list-style-type: none"> • Support/Oversight of special education services delivered by local school districts • Individualized Education Program (IEP) • Specialized instruction and necessary Related Services such as: <ul style="list-style-type: none"> • Home visits/Respite (Early Start only) • Assistive Technology (AT)/services • Family training, counseling • Nursing assessments • Hearing Screening and services • Vision screening & services • Health-related services at school • OT & PT • Psychological, Mental Health services • Speech/Language services • Adaptive Physical Education • Transportation • Others as needed (not an exhaustive list)

See below for examples of eligible CCS diagnoses:

- | | |
|--|---|
| <ul style="list-style-type: none"> • Heart conditions • Neoplasms • Blood disorders (hemophilia, sickle cell anemia) • Respiratory system disorders (cystic fibrosis, chronic lung disease) • Endocrine, nutritional & metabolic disorders (PKU, thyroid problems or diabetes) • Genitourinary system disorders (serious kidney problems) • Gastrointestinal system disorders (biliary atresia) • Serious birth defects (cleft lip/palate, spina bifida) | <ul style="list-style-type: none"> • Nervous system disorders (cerebral palsy, uncontrolled epilepsy) • Sense organ disorders (hearing loss, loss of vision due to glaucoma or cataracts) • Musculoskeletal & connective tissue disorders (muscular dystrophy, JRA) • Severe disorders of the immune system (HIV) • Disabling injuries & poisonings requiring intensive care or rehabilitation (severe brain, spinal cord injuries & burns) • Complications of premature birth requiring an intensive level of care |
|--|---|

