



Alameda County Resource Referrals

Every child deserves a medical home.

CHILDREN (0 – 5):

- Help Me Grow
www.helpmegrowalameda.org

888 510-1211

NOTES:

CHILDREN/YOUTH (6 – 22):

FAMILY ASSISTANCE & SUPPORT

- Ala. County Family Health Line
- Family Resource Navigators
(Peer Parent Resource for Children/Youth w/ Special Needs)
- Family Paths (24 hr. Parenting Stress Helpline)

888 604-4636

510 547-5322

800 829-3777

MENTAL HEALTH

- ACCESS
- Crisis Support Services
(Suicide/Firearm Protection)
- Ala. County Substance Abuse

800 491-9099

800 309-2131

844 682-7215
