

Pediatric Clinical Update – South Bay 2019

September 14, 2019 • 8:00 am – 4:30 pm
Juniper Hotel Cupertino • Cupertino • CA

A Continuing Medical Education conference presented by the Department of Pediatrics at the Stanford University School of Medicine
Sponsored by the Stanford University School of Medicine



SOUTH BAY

Program *Program is subject to change.*

- 8:00 – 9:00 **Registration & Continental Breakfast**
- 9:00 – 9:10 **Welcome**
- 9:10 – 9:50 **Understanding, Preventing and Treating Youth Vaping**
Bonnie Halpern-Felsher, PhD
- 9:50 – 10:30 **Common Skin Conditions in Infancy and Early Childhood: How to Manage and When to Refer**
Ann Marqueling, MD
- 10:30 – 10:45 **Break**
- 10:45 – 11:25 **How to Make Your Office Trans-Friendly**
Tandy Aye, MD
- 11:25 – 12:25 **Depression and Anxiety in Primary Care: What Practitioners Need to Know**
Shashank V. Joshi, MD, FAAP
- 12:25 – 1:15 **Lunch**
- 1:15 – 1:55 **What's New in Type 1 Diabetes?**
David Maahs, MD, PhD
- 1:55 – 2:35 **Puberty: (Almost) Everyone Does It**
Diane Stafford, MD
- 2:35 – 2:50 **Break**
- 2:50 – 3:50 **Common Pediatric GI Diagnoses and When to Refer**
Sohail Z. Husain, MD
- 3:50 – 4:30 **Pearls of Pediatric Orthopedics**
Meghan Imrie, MD
- 4:30 **Adjourn**

Opportunity for Q&A designated at the end of each presentation

Faculty

Course Director

David Maahs, MD, PhD

Division Chief and Professor of Pediatric Endocrinology and, by courtesy, of Health Research and Policy (Epidemiology)

Stanford Faculty

Tandy Aye, MD

Associate Professor of Pediatrics (Endocrinology) and, by courtesy, of Psychiatry and Behavioral Sciences

Bonnie Halpern-Felsher, PhD

Professor (Research) of Pediatrics (Adolescent Medicine) and, by courtesy, of Health Research and Policy (Epidemiology)

Sohail Z. Husain, MD

Professor of Pediatrics (Gastroenterology)
Chief, Division of Gastroenterology
Department of Pediatrics
Effective June 2019

Meghan Imrie, MD

Clinical Associate Professor, Orthopedic Surgery

Shashank V. Joshi, MD, FAAP

Associate Professor (Teaching) of Psychiatry and Behavioral Sciences (Child and Adolescent Psychiatry and Child Development) and, by courtesy, of Pediatrics and of Education

Ann Marqueling, MD

Clinical Associate Professor, Pediatrics (Dermatology)

Diane Stafford, MD

Clinical Professor, Pediatrics (Endocrinology and Diabetes)

Faculty Disclosure: The Stanford University School of Medicine adheres to ACCME Criteria, Standards and Policies regarding industry support of continuing medical education. Disclosure of faculty and their commercial relationships will be made prior to the activity.



Lucile Packard
Children's Hospital
Stanford

A Continuing Medical Education Activity

STATEMENT OF NEED

This CME course will provide the pediatrician and family physician learners with up-to-date, best-evidence clinical information on a wide range of clinical issues encountered in daily pediatric practice. The Pediatric Clinical Update—South Bay 2019 will highlight recent advances in pediatric medicine covering such topics as: type 1 diabetes, vaping, pearls of pediatric and adolescent orthopedics, depression and anxiety, gastrointestinal issues, and dermatology. In addition, there will be a presentation on making the physician office transgender friendly.

This course is presented in a conference style with ample time for questions and discussion with the faculty.

LEARNING OBJECTIVES

At the conclusion of this activity, learners will be able to:

- Incorporate updated standards of care for transgender and gender non-conforming youth in order to identify and address the transgender patient's needs and develop a strategy to make your office transgender or gender non-conforming friendly.
- Accurately diagnose the child or adolescent presenting with type 1 diabetes and treat or refer appropriately.
- Identify the older adolescent who has not entered puberty and diagnose the reason this patient is delayed.
- Counsel adolescents and their parents about the dangers of vaping.
- Perform a psychological assessment on the child or adolescent that presents with depression or anxiety and determine effective management strategies or refer to specialists as necessary.

TARGET AUDIENCE

This is a regional program designed for pediatricians, family practice physicians, endocrinologists, primary care physicians, physician assistants, nurse practitioners, nurses and allied health practitioners.

ACCREDITATION AND DESIGNATION OF CREDITS

The Stanford University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Stanford University School of Medicine designates this live activity for a maximum of **6 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: The California Board of Registered Nursing recognizes that Continuing Medical Education (CME) is acceptable for meeting RN continuing education requirements as long as the course is certified for **AMA PRA Category 1 Credits™** (rn.ca.gov). Nurses will receive a Certificate of Participation following this activity that may be used for license renewal.

COMMERCIAL SUPPORT ACKNOWLEDGEMENT

This CME activity received no commercial support.

CANCELLATION AND REFUND POLICY

Cancellations received in writing **no less than 20 days before the course** will be refunded, less a 20% administrative fee. No refunds will be made on cancellations received after that date. Please send cancellation requests to lpchcme@stanfordchildrens.org

Stanford Children's Health reserves the right to cancel this program; in the event of cancellation, course fees will be fully refunded. We are not responsible for other costs incurred such as non-refundable airline tickets or hotel penalties.

Contact Information:

Stanford Children's Health CME
725 Welch Road, MC 5517
Palo Alto, CA 94304
Tel: (650) 498-6757 • Fax: (650) 497-5738
email: lpchcme@stanfordchildrens.org
Contact: Marifin Besona, Coordinator CME

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REGISTRATION FORM

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September 14, 2019

Juniper Hotel Cupertino
10050 S De Anza Blvd
Cupertino, CA 95014
408-253-8900

<http://www.junipercupertino.com>

Register before August 30, 2019 by completing this enrollment application or by registering online at www.cme.stanfordchildrens.org. Onsite registration is subject to space availability.

PLEASE TYPE OR PRINT:

Name _____

Specialty/Degree _____

Street Address _____

City _____ State _____ Zip _____

Business Phone _____ Fax _____

Email Address _____

Hospital/Professional Affiliation _____

Medical License # (required for credit) _____

Special Needs _____

Include me on your mailing list for future educational activities.

REGISTRATION FEE:

Registration fee includes tuition, course materials, certificate of participation, continental breakfast and lunch.

Physicians \$250

NP/Nurse/Allied Health Professional \$175

TYPE OF PAYMENT:

Credit Card (Amex, Visa and MC only) – Register online at

www.cme.stanfordchildrens.org

Check made payable to Stanford Children's Health CME

Please register and pay by credit card online or complete this form and mail with a check to:

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Contact: Marifin Besona, CME Coordinator

Tell a colleague; To register online go to cme.stanfordchildrens.org