

TRAIN™ Tool for Obstetrics: L&D

Transport	CAR (Discharge)	BLS	ALS	SPC	SHELTER IN PLACE
Labor status	None	Early	Cervical dilation ≥4 cm	At risk for en route delivery	If delivery is imminent or patient is unsafe for transport
Mobility	Ambulatory*	Ambulatory or Non-ambulatory	Non-ambulatory	Non-ambulatory	
Epidural status	None	Placement ≥1 h**	Placement <1 h**	N/A	
Maternal risk	Low	Low/Moderate	Moderate/High	High	
Fetal monitoring in transit	No	No	Yes	Yes	

BLS = Basic Life support (Emergency Medical Technician-staffed ambulance); ALS = Advanced Life Support (Paramedic-staffed ambulance); SPC = Specialized (must be accompanied by MD or Transport Nurse)

* Able to rise from a standing squat

** Epidural catheter capped off