

OB TRAIN[®] for Postpartum

Transport	Car (Discharge)	BLS	ALS	SPC	SHELTER IN PLACE
Delivery	VD >6 h or CD >48 h	VD <6 h or CD <48 h	Complicated VD or CD	Medically complicated	Patient is unsafe for transport
Mobility	Ambulatory*	Ambulatory or Non-ambulatory	Ambulatory or Non-ambulatory	Non-ambulatory	
Post Op	Non CD surgery >2 h**	>2 h from CD	<2 h from CD	Medically complicated	
Maternal Support	None	Low	Moderate	High	

Neonatal status (circle)	Well baby/ rooming in nursery	Intermediate	NICU	Demise
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VD = Vaginal delivery; CD = Cesarean delivery

- **Mobility:** *Able to rise from a standing squat
- ** If adult supervision is available for 24 hours

Maternal support:

- **Low: Non-acute conditions but requiring continued hospitalization** (e.g. observation after complicated vaginal delivery)
- **Moderate: Ongoing acute conditions requiring continued hospitalization and intermittent IV fluid/medications** (e.g. chorioamnionitis requiring IV antibiotics, hypertension off magnesium)
- **High: Medically high risk requiring transport by RN/MD and/or continuous IV medication infusion** (e.g. preeclampsia with severe features on magnesium, insulin dependent diabetes on IV insulin)