



Lucile Packard
Children's Hospital
Stanford

Johnson Center for
Pregnancy & Newborn Services



Developmental- Behavioral Pediatrics

CHARLES B. AND ANN L. JOHNSON CENTER FOR
PREGNANCY AND NEWBORN SERVICES

Developmental-Behavioral Pediatrics at Lucile Packard Children's Hospital Stanford offers clinical services for infants and children with developmental or behavioral difficulties and for children at risk for these conditions. Our interdisciplinary teams assist families in nurturing their children's development, building strengths, and addressing the child or family's needs.

The First Visit

When a family arrives for their first visit, they can expect to receive:

- A medical evaluation: medical history, physical and neurological examination
- A developmental and behavioral assessment, which may include review of previous testing, observations, direct assessments or interpretations of parent ratings on standardized questionnaires
- An individualized care plan with recommendations for treatment, that will be also be shared with the family's primary care physician or pediatrician
- Referrals for therapeutic and educational programs

Our Services

Our Developmental-Behavioral Pediatrics programs are designed to provide comprehensive care and service to families. We are committed to providing family-centered care, ensuring that families have access to clear and complete information and are involved in all aspects of their child's health care decisions. These services include:

High Risk Infant Follow-up

We know that children who have had medical problems at birth are at higher risk for difficulties at older ages than children born without complications. The High Risk infant Follow-up Program is designed to

help families monitor their child's development through the first three years of life. Children are evaluated at regular intervals. Parents receive an individualized assessment and action plan for enhancing their child's progress. Our team of developmental experts communicates closely with the family's primary care provider. When necessary, we provide referrals to community agencies and early intervention programs. We offer services at our satellite location in Capitola.

Preemie Graduate Services

Our specialized services for children who had birth-related complications, such as prematurity, extend through age 18 years. The Preemie Graduate Services Program strives to address any behavioral, developmental, or educational concerns at the earliest sign of difficulty. We assist children and their parents in understanding the child's strengths and needs so that the child maintains a positive sense of self. Detailed evaluations may take place over several sessions

Developmental Consultation

This service offers assistance to a family or health care provider with questions about a child's development or behavior. The Developmental Consultation Program evaluates the child's skills in a wide range of developmental areas. As part of the evaluation,

families are asked to complete a developmental questionnaire. The information from the questionnaire is integrated with medical evaluations and developmental and behavioral assessments to prepare detailed reports for the family and health care team. These reports provide recommendations and referrals for community-based services. We may also follow-up to monitor the child's progress and update recommendations.

Autism and Social Communication

Children who are delayed in communication may struggle to make relationships and to learn. The Autism and Social Communication Program evaluates children with autism and other communication difficulties. Our evaluations combine medical, developmental and behavioral information. We recommend a comprehensive plan of community-based services and family support. We also provide a detailed written report of the visit, including recommendations based on the latest scientific knowledge.

Inpatient Developmental Program

The hospital environment can be overwhelming to babies and their families. Babies born prematurely or with medical complications may

have difficulties in experiencing the world and relating to their family. The Inpatient Developmental Program works with parents and staff to create a plan of care that nurtures the baby's developing nervous system. We identify an approach that helps the baby to be calm and engaged. We also work with families to plan and prepare for nurturing the baby's continued development at home.

Our Team

Our team approach to evaluation ensures that each child receives comprehensive, personalized care. A child will be evaluated by one or more members of the Developmental-Behavioral Pediatrics Team, which includes:

- Physicians and Nurse Practitioners
- Psychologists
- Clinical Nurse Specialist and Clinical Coordinators
- Speech-Language Pathologists
- Physical Therapists
- Occupational Therapists
- Dietitians
- Social Workers

Research

Members of our Developmental-Behavioral Pediatrics Team conduct clinical and health services research that translates basic findings into effective clinical practice and policy. We may discuss with you the opportunities for research at Stanford. You may sign up to be part of our Research Registry which allows us to contact you in the future regarding studies appropriate for your child.

About Lucile Packard Children's Hospital Stanford

Stanford Children's Health, with Lucile Packard Children's Hospital Stanford at its core, is the largest Bay Area health care enterprise exclusively dedicated to children and expectant mothers. Long recognized by U.S. News & World Report as one of America's best, we are a leader in world-class, nurturing care and extraordinary outcomes in every pediatric and obstetric specialty, with care ranging from the routine to rare, regardless of a family's ability to pay. Together with our Stanford Medicine physicians, nurses, and staff, we can be accessed through partnerships, collaborations, outreach, specialty clinics and primary care practices throughout Northern California and the western US. Learn more at stanfordchildrens.org.

Clinic Locations

Developmental-Behavioral Pediatrics
Mary L. Johnson Ambulatory Care Clinic
730 Welch Rd, 2nd Floor
Palo Alto, CA 94304
Tel (650) 724-4270

Developmental-Behavioral Pediatrics
High Risk Infant Follow-up Program
Stanford Children's Health
824 Bay Ave, Suite 70
Capitola, CA 95010
Tel (831) 457-2361
(day of clinic visit only)
Tel (650) 725-8995
(all other calls)

Physician Referral Line
Tel (800) 995-5724
Fax (650) 721-2884

Contact Us

For more information about Developmental-Behavioral Pediatrics at Packard Children's, please call (650) 725-8995 or visit dbp.stanfordchildrens.org.

Developmental-Behavioral Pediatrics
Mary L. Johnson Ambulatory
Care Clinic
730 Welch Rd, Palo Alto, CA 94304
Tel (650) 725-8995

dbp.stanfordchildrens.org